

**Personal Statement of Interest for the SBM Presidency: Claudio R. Nigg, PhD, FSBM**

01/13/2025

I am honored to express my interest in serving as Society of Behavioral Medicine's (SBM) next President. As an active member since 1997, SBM has profoundly influenced my career, and I am deeply committed to its mission of advancing behavioral medicine to improve health outcomes globally.

My research focuses on physical activity, multiple health behavior change (MHBC), obesity prevention, technology-based health interventions, and dissemination of evidence-based practices. These efforts, spanning diverse populations and age groups, reflect SBM's commitment to innovation and interdisciplinary collaboration.

My contributions to SBM include serving as a board member, SIG Council Chair, and MHBC SIG chair, as well as co-editing special journal issues that highlighted the SBM SIGs. These roles have reinforced my belief in SBM's pivotal role as a leader in behavioral medicine science and practice.

As President, I would prioritize supporting early-career researchers, fostering innovation in technology and health, and promoting international collaborations to address global health issues. My dedication to SBM has been recognized through honors such as the C. Tracy Orleans Distinguished Service Award, reflecting my unwavering commitment to its mission.

It would be a privilege to lead SBM and build on its remarkable legacy.

**Sincerely,**

Professor Dr. Claudio R. Nigg, FSBM