

Bio: Lisa Quintiliani, PhD FSBM

Lisa Quintiliani is a Professor in the School of Medicine at Tufts University and a Member of the Special and Scientific Staff at Tufts Medical Center. Previously, she was an Associate Professor at Boston University/Boston Medical Center, the largest safety net hospital in New England. Starting her career as a Registered Dietitian in clinical settings, Dr. Quintiliani has since focused her career on designing, implementing, and evaluating interventions targeting modifiable behaviors (diet, physical activity) for the prevention and control of chronic diseases. Her research is community based and focuses on populations facing health disparities, in particular those from low-income groups. In her current work, she works closely with the Boston Housing Authority, where she leads two clinical trials in the public housing setting: both employ digital health technologies and community health workers who are recognized as individuals with unique insight into the social contextual factors that affect behavior. Within the past 5 years, her experiences in the field of behavioral medicine has expanded to include additional topics and populations including separate studies of advance care planning among those with advanced cancer or kidney disease and smoking cessation, risky drinking, and physical activity among people with HIV. Her multi-faceted research experiences reflect the diversity within the field of behavioral medicine itself.

Dr. Quintiliani has completed three degrees in nutrition culminating in a PhD in Nutrition Intervention and Policy from the University of North Carolina at Chapel Hill. She has completed two post-doctoral fellowships, one in Cancer Prevention and Control from the Harvard School of Public Health/Dana Farber Cancer Institute and one in Behavioral Informatics from Boston University. SBM has been her professional scientific home for 20 years, having been introduced to the field of behavioral medicine by her doctoral advisor Dr. Marci Campbell. She has held multiple positions beginning with Chair of the Multiple Health Behavior Change SIG (3 years) and as a member of the Health Policy Committee (7 years), among other short-term roles (e.g., Program Committee member; Annual Meeting topic area Co-Chair). In 2025, she became an SBM Fellow. Dr. Quintiliani is also finishing a 4-year term as a standing member of an NIH study section.