

Personal Statement

I'll never forget the first time I came to SBM. I heard from speakers who condensed their work into engaging brief presentations who challenged my thinking about the way studies were conducted, where they were being done, and by whom. I was inspired by community engaged work in the U.S. and globally. Importantly, I left with the desire to learn more.

Since that time, I've served in multiple SBM positions beginning with Chair of the Multiple Health Behavior Change SIG. Then, during a 7-year term as a Health Policy Committee member, I was exposed to the broad priorities of SBM's diverse membership, particularly as they related to health equity, reflected in the proposals submitted for health policy briefs. I'm looking forward to continuing my commitment to SBM by serving in the role of member delegate. If elected, I will work to ensure SBM leadership's vision is implemented and we as a society continue to have our collective diverse voices heard within academic/industry spheres, health policy contexts, and within other related professional organizations.

I have the time, experience, and motivation necessary to contribute in a leadership position to the organization that has given me many opportunities – my professional academic home, SBM.