



SOCIETY OF
BEHAVIORAL
MEDICINE

**Professional Advancement Council Conference Call
MINUTES**

Tuesday, July 30, 2024

11:00 a.m. PT/12:00 p.m. MT/1:00 p.m. CT/2:00 p.m. ET

<https://us06web.zoom.us/j/87204480042>

In Attendance

Sharon Manne, PhD (chair)
Lisa Goldman Rosas, PhD, MPH, FSBM
Erika Montanaro, PhD
Carina Nigg, PhD
Margaret Schneider, PhD, FSBM
Andrew Schmidt (staff)

Regrets

Morgan Lee, PhD, MPH
Sherri Sheinfeld Gorin, PhD, FSBM

Welcome and Review of June PAC Meeting Minutes

The June 2024 PAC call minutes were approved as written.

2025 Annual Meeting Session Planning

Council members agreed that the Meet the Fellows session continues to be popular among conference attendees and voiced their support for holding it again with a similar format in 2025.

Continuing the discussion from the June PAC meeting, Dr. Manne asked the council whether there was interest in staffing a "Meet SBM" exhibit in the poster hall during the Annual Meeting in lieu of another "Meet the Councils" networking session. Several council members expressed interest in serving as an SBM volunteer representative during a poster session, and suggested reaching out to other SBM council chairs or board members to participate as well. With support from SBM staff, the volunteer representatives could introduce conference attendees to a range of SBM programs and opportunities to become more involved with the society, and ideally provide a follow up mechanism for interested members.

Consultation Program "International Focus" Topics

Mr. Schmidt shared a list of new topics being added to the SBM Consultation Program in response to international Student/Trainee members expressed interest in additional career development resources and opportunities for mentoring.

PAC members with experience mentoring trainees from international backgrounds were invited to sign up as consultants under the new topics, and all members were encouraged to pass along the names of

other potentially suitable consultants to Mr. Schmidt.

Early-Career Mentoring Program Updates

Dr. Nigg reported that this year's mentoring groups continue to meet regularly. ECR Mentoring Program Committee members are planning to reach out to the program mentors in late-summer/early-fall for an update on each group's progress.

PAC members discussed whether SBM would be supportive of offering training for mentors, mentees, or both. Early- to mid-career members with limited mentorship experience might be more open to serving as a mentor for one of SBM's programs or more comfortable in mentorship roles within SBM or elsewhere, while mentees at all levels could benefit from resources that address how to make the most of a mentoring relationship. PAC will continue to examine possible settings for trainings of this type, particularly a potential pre-conference workshop at a future Annual Meeting.

Other Business

Dr. Manne reported that she would be drafting a PAC article on the importance of mentorship for career advancement for the fall issue of *Outlook*.

Dr. Manne restated PAC's opening for one or more new members, and any current members with suggestions for prospective additions were encouraged to connect with her and Mr. Schmidt. Council members were in favor of adding an early-career or trainee member for their valuable perspective on PAC programs, especially if that member had participated in the Early-Career Mentoring Program or Diversity Institute.

Next Meeting

Tuesday, August 27, 2024; 2 p.m. ET