

the urgency of adaptation



SOCIETY OF
BEHAVIORAL
MEDICINE

43rd Annual Meeting & Scientific Sessions
April 6-9, 2022 | Baltimore, MD

Pocket Program

Isolate and Find Nearby Testing Facilities if You're Experiencing COVID Symptoms

Know the symptoms of COVID-19, which can include the following:



Source: CDC. Reference to specific commercial products, manufacturers, companies, or trademarks does not constitute its endorsement or recommendation by the U.S. Government, Department of Health and Human Services, or Centers for Disease Control and Prevention.

Attendees experiencing COVID-19 symptoms should immediately isolate, find a nearby COVID-19 testing facility, and email positive results to rmizar@sbm.org. Results will stay confidential, help staff contact trace and reduce spread.



Find Nearby Testing Sites



Check out our COVID-19 FAQs for all the most up to date information on conference health and safety protocols.

SBM STRIDE
for SCIENCE

RUN/WALK



Saturday, April 9, 2022
Baltimore Inner Harbor

Onsite Registration: 6:30 AM
Welcome & Physical Activity SIG Warm Up: 6:55 AM
Run/Walk Start: 7:00 AM

100% of proceeds support your behavioral medicine research & science

Sign up at the Annual Meeting registration desk or immediately before the Run/Walk. Starting line is located directly in front of the hotel sky-walk on Eutaw Street. See you there!



Proudly Sponsored By



\$30 to register!

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Welcome Message

Thank you for attending the Society of Behavioral Medicine’s 43rd Annual Meeting & Scientific Sessions! It has been a long time since we have been able to meet in person, and we are so happy to be here with you, safely, in Baltimore. The last two years have been long and many remain fatigued and overwhelmed. Thank you for choosing to spend your time with us, and we hope you catch up on long overdue learning and networking.



David E. Conroy, PhD
President

We have an exciting lineup of speakers and events that exude the theme of “The Urgency of Adaptation.” Here are some special highlights!

- A Welcome & Opening Keynote on Wednesday at 4 p.m., featuring the great city of Baltimore and a thought-provoking, cathartic kickoff conversation between SBM Past Presidents Monica Baskin, PhD, and Michael Diefenbach, PhD, and SBM Past Program Chairs Dori Steinberg, PhD, RD, and L. Alison Phillips, PhD. How did they adapt during the COVID-19 pandemic? And where do we go from here?
- An incredible line up of plenary speakers and panels focusing on three public health tragedies: the climate crisis, systemic racism, and the COVID-19 pandemic.



Ellen Beckjord, PhD, MPH
Program Chair

We hope that you leave energized by new or deepened connections, and inspired to see your work as relevant to positively impacting the three converging emergencies in public health. We wish you all a productive, healthy, and inspiring conference!

Open Science at SBM

Scientists in many fields are using a variety of open science practices to increase the transparency, reproducibility, and verifiability of their work. SBM recognizes those who utilized open science practices such as pre-registering study designs and analysis plans, and sharing study materials or data via an open access repository. Keep an eye out for the following badges next to presentations in the program and throughout the meeting.

Preregistered
Design Badge



Preregistered
Design+Analyses Badge



Materials Badge



Open Data Badge



SBM's meeting is also registered in the Center for Open Science meetings database. Attendees are encouraged to visit <https://osf.io/meetings/SBM2022> to upload their presentation slides and posters, and to view the work uploaded by others.

Badges are licensed under Creative Commons CC-BY. Source: Open Science Collaboration (<https://osf.io/vmrgu/wiki/home/>).

Works in Progress (WIP) and Lessons Learned (LL)



WIP: "Works in Progress" presentations are presentations that highlight the rigorous design and methods of a large clinical trial, for which data are not yet available.



LL: "Lessons Learned" presentations are presentations that provide tips for other researchers in pursuing certain types of research or practice protocols. For example, they may detail recommended steps of a protocol, issues that arose in carrying out these steps that might be commonly encountered, and tips/tricks for handling those obstacles/barriers.

WIP and LL presentations can be included in a rapid communication poster, but are not included in regular paper or poster presentations, which require actual data and results.

Continuing Education Credits

Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Society of Behavioral Medicine. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Physicians (ACCME) Credit Designation

Amedco LLC designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Nurse Practitioners (AANPCP)

The American Association of Nurse Practitioners (AANP) recognizes the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC) as approved accreditors and allow reciprocity for AANPCP continuing education credit.

Nurses (ANCC)

Amedco LLC designates this activity for a maximum of 12.75 ANCC contact hours.

Psychologists (APA)

This course is co-sponsored by Amedco and Society of Behavioral Medicine. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 12.75 hours.

The following state boards accept courses from APA providers for Counselors: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

MI: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held), OK*, OR, SC, UT, WA, WI, WY

* OK accepts APA credit for live, in-person activities. For all ethics and/or online courses, an application is required.

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Dietitians (CDR)

Amedco LLC designates this activity for a maximum of 12.75 CPEU.

Certified Health Education Specialists (CHES)

Application has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC) for CHES Category I continuing education contact hours (CECH).



Mobile App Instructions

Download the free 2022 Annual Meeting mobile app by searching “SBM Events” in your app store and downloading the SBM Events app. This also includes past SBM meetings.

Wi-Fi Network:
Hilton Meetings

Password:
SBM2022



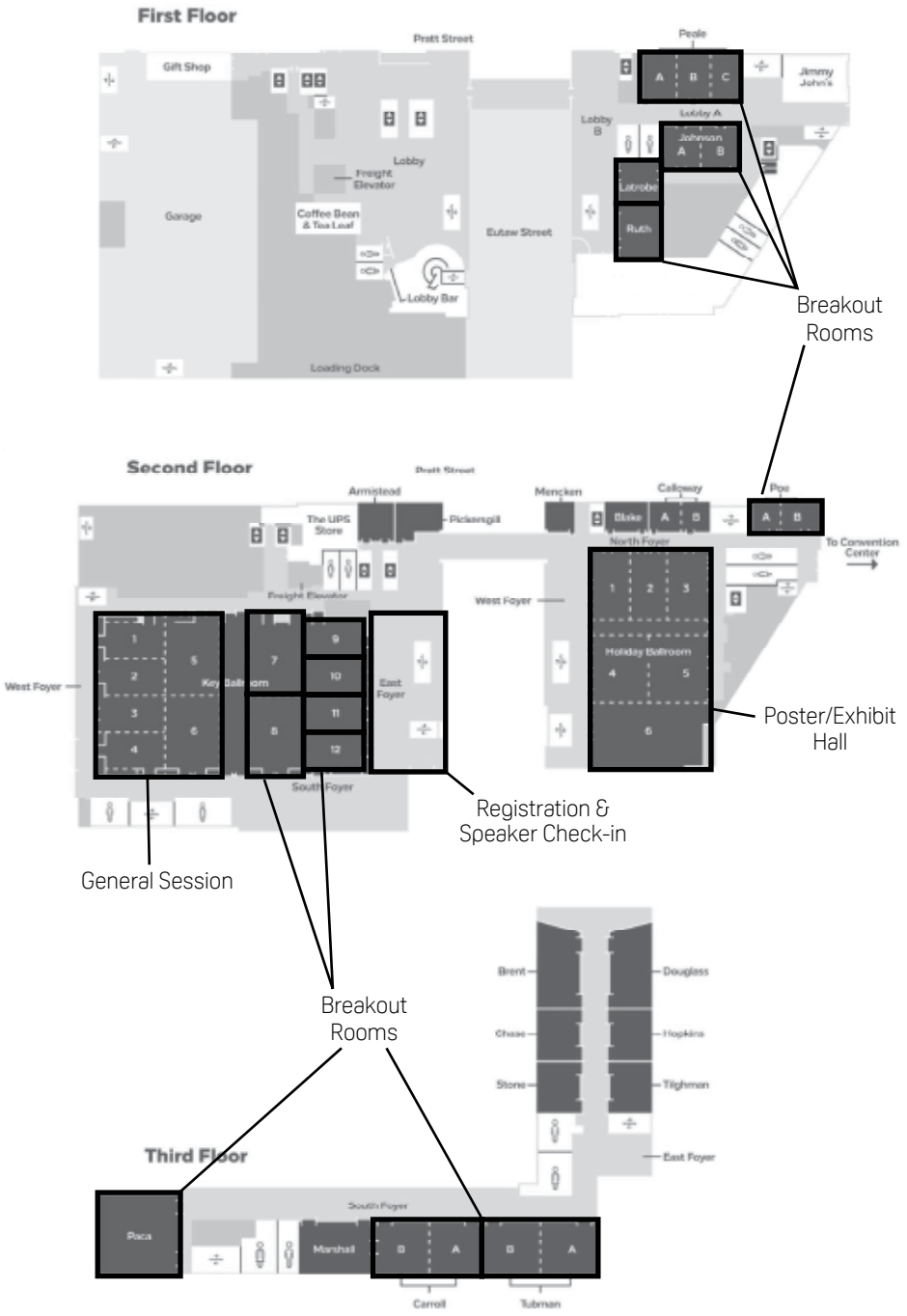
You can use the app to:

- search posters and sessions by day, type, and topic area;
- add sessions to your calendar;
- view session descriptions and presenter information;
- access exhibitor information;
- browse other presenters and app users;
- connect with SBM on social media;
- view award winners; and
- take notes.



Questions about using the app?
Stop by the onsite registration desk.

Hilton Baltimore Inner Harbor Floor Plans



Exhibitors and Supporters

Exhibitors

Please make time to visit exhibitors' booths in the meeting exhibit hall, located in the Holiday Ballroom at the Hilton Baltimore Inner Harbor.

EXHIBIT HALL HOURS ARE:
<p>Wednesday, April 6 5 – 5:50 p.m.</p> <p>Thursday, April 7 11 – 11:50 a.m. & 5 – 5:50 p.m.</p> <p>Friday, April 8 11 – 11:50 a.m. & 5 – 5:50 p.m.</p> <p>Saturday, April 9 11 – 11:50 a.m.</p>

EXHIBITOR	BOOTH NUMBER
Fitabase	Booth #1 & 2
Mayo Clinic	Booth #3
Fitbit Health Solutions	Booth #4
Movisens GmbH	Booth #5
Springer	Booth #6

Supporters




SBM is pleased to acknowledge financial support for the 43rd Annual Meeting & Scientific Sessions from the following entities.

PREMIUM SUPPORTERS	PLATINUM SUPPORTERS	GOLD SUPPORTERS
<p>WW International, Inc.</p> <p>Johnson & Johnson</p> <p>Fitabase</p> <p>Feinstein Institutes at Northwell Health</p>	<p>Modern Health</p> <p>Fitbit Health Solutions</p> <p>Mayo Clinic</p> <p>UPMC Health Plan</p> <p>Movisens GmbH</p> <p>Springer</p> <p>Truth Initiative</p> <p>Oxford University Press</p>	<p>Purple Workshops</p> <p>U.S. Department of Veterans Affairs</p> <p>PhysioQ</p>



Schedule at a Glance

	Wednesday	Thursday	Friday	Saturday	
8:00 AM	Pre-Conference Courses (8:30AM - 10:30AM)	Breakfast Roundtables (8:00AM - 8:50AM)	Breakfast Roundtables (8:00AM - 8:50AM)	Stride for Science Run/Walk (7:00AM - 8:00AM)	
8:30 AM					
9:00 AM					
9:30 AM		Symposia (9:00AM - 9:50AM)	Symposia (9:00AM - 9:50AM)		Symposia (9:00AM - 9:50AM)
10:00 AM		Keynote (10:00AM - 10:50AM)	Keynote (10:00AM - 10:50AM)		Keynote (10:00AM - 10:50AM)
10:30 AM					
11:00 AM	Pre-Conference Courses (11:00AM - 1:00PM)	Poster Session B (11:00AM - 11:50AM)	Poster Session D (11:00AM - 11:50AM)	Poster Session F (11:00AM - 11:50AM)	
11:30 AM					
12:00 PM		Food Truck Lunch Break (11:50AM - 1:00PM)	Food Truck Lunch Break (11:50AM - 1:00PM)		Presidential Meet & Greet and Business Meeting (12:00PM - 1:00PM)
12:30 PM					
01:00 PM		Paper Sessions (1:00PM - 1:50PM)	Paper Sessions (1:00PM - 1:50PM)		
01:30 PM	Pre-Conference Courses (1:30PM - 3:30PM)				
02:00 PM		Master Lectures & Panel Discussions (2:00PM - 2:50PM)	Master Lectures & Panel Discussions (2:00PM - 2:50PM)		
02:30 PM					
03:00 PM		Networking Sessions & Live Research Spotlights (3:00PM - 3:50PM)	Networking Sessions & Live Research Spotlights (3:00PM - 3:50PM)		
03:30 PM					
04:00 PM	Welcome and Opening Keynote (4:00PM - 4:50PM)	Presidential Keynote & Awards Ceremony (4:00PM - 4:50PM)	Keynote (4:00PM - 4:50PM)		
04:30 PM					
05:00 PM	Poster Session A (5:00PM - 5:50PM)	Poster Session C (5:00PM - 5:50PM)	Poster Session E (5:00PM - 5:50PM)		
05:30 PM					
06:00 PM		Health Freedom Walk (6:00PM - 7:00PM)			


Plenary Sessions At A Glance

Wednesday, April 6, 2022	
Session	Time
<p>Welcome & Opening Keynote: Building a Bridge for Behavioral Medicine</p> <p>Presenters: Monica Baskin, PhD, University of Alabama at Birmingham; Michael Diefenbach, PhD, Northwell Health; L. Alison Phillips, PhD, Iowa State University; and Dori Steinberg, PhD, RD, Equip</p>  <p>Moderator: Sherry Pagoto, PhD, University of Connecticut <i>Key Ballroom 1-6</i></p>	4 – 4:50 p.m.
Thursday, April 7, 2022	
Session	Time
<p>Keynote Presentation: The Centrality of Behavior in Present and Future Pandemics</p> <p>Presenter: Mercedes Carnethon, PhD, Northwestern University Feinberg School of Medicine</p>  <p>Moderator: Stephanie Fitzpatrick, PhD, WW (formerly Weight Watchers) <i>Key Ballroom 1-6</i></p>	10 – 10:50 a.m.
<p>Distinguished Scientist Award Winner Master Lecture: Whose Job Is Health Promotion and How Can We Get It Done?</p> <p>Presenter: Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine</p>  <p>Moderator: Francis Keefe, PhD, Duke University Medical Center <i>Peale</i></p>	2 – 2:50 p.m.

Plenary Sessions At A Glance

<p>Master Lecture: How the Racialized Terror of Fat People Came to Dominate Medicine (And How We Shift the Paradigm)</p> <p>Presenter: Sabrina Strings, PhD</p>  <p>Moderator: Dori Steinberg, PhD, RD, Equip Health <i>Key Ballroom 8</i></p>	<p>2 – 2:50 p.m.</p>
<p>Master Lecture: Lo-TEK: Radical Indigenism and Traditional</p> <p>Presenter: Julia Watson</p>  <p>Moderator: Andrea Mendoza-Vasconez, PhD, MPH, Brown University School of Public Health <i>Johnson</i></p>	<p>2 – 2:50 p.m.</p>
<p>Presidential Panel Discussion: Panel 0: Behavioral Medicine 2.0: Critical Briefings on a Changing Field in a Changing Climate</p> <p>Presenter: Michael A. Diefenbach, PhD, Northwell Health; Karl J. Maier, PhD, Salisbury University; Donald Edmondson, PhD, MPH, Columbia University Medical Center; Cecilia J. Sorensen, MD, Columbia University</p> <p>Moderator: Courtney J. Stevens, PhD, Dartmouth-Hitchcock Medical Center, Dartmouth College <i>Key Ballroom 7</i></p>	<p>2 – 2:50 p.m.</p>
<p>Presidential Panel Discussion: Panel 1: The Aging SIG Presents: Adapting and Evolving our Methods in Intervention Development for Older Adults: Lessons Learned from the Global Pandemic</p> <p>Chair: Jaime Hughes, PhD, MPH, MSW, Wake Forest School of Medicine</p> <p>Panelists: Heather Derry-Vick, PhD, Hackensack Meridian Health; and Kathi Heffner, PhD, School of Nursing <i>Ruth</i></p>	<p>2 – 2:50 p.m.</p>



Plenary Sessions At A Glance

<p>Presidential Panel Discussion: Panel 5: Communicating Behavioral Medicine Research to Broad Audiences to Meet the Urgency of Adaptation</p> <p>Chair: Valerie Earnshaw, PhD, University of Delaware Panelists: Eric Layland, PhD, Yale School of Public Health; Akilah Dulin, PhD, Brown University; Jonathan Lassiter, PhD, Rowan University; and Anne Stangl, PhD, MPH, Hera Solutions, LLC <i>Key Ballroom 10</i></p>	<p>2 – 2:50 p.m.</p>
<p>Presidential Panel Discussion: Panel 8: Using all the Tools in our Toolbox: Promoting Behavioral Change through Information, Persuasion, Nudges, and Mandates</p> <p>Chair: Wen-Ying Sylvia Chou, PhD, MPH, National Cancer Institutes Panelists: Daniel Salmon, PhD, MPH, Institute for Vaccine Safety, Johns Hopkins University School of Public Health; Christine Hunter, PhD, National Institutes of Health; and Matthew Kreuter, PhD, MPH, Washington University in St. Louis <i>Key Ballroom 12</i></p>	<p>2 – 2:50 p.m.</p>
<p>Presidential Keynote & Awards Ceremony: The Urgency of Adaptation in Behavioral Medicine</p> <p><i>Sponsored by the Feinstein Institutes at Northwell Health</i></p> <p>Presenter: David E. Conroy, PhD, The Pennsylvania State University</p>  <p>Moderator: Scherezade Mama, DrPH, The University of Texas MD Anderson Cancer Center <i>Key Ballroom 1-6</i></p>	<p>4 – 4:50 p.m.</p>
<p>Friday, April 8, 2022</p>	
<p>Session</p>	<p>Time</p>
<p>Presidential Symposium: Symposium 15: Communications Research and Strategies in the Age of Climate Change: What We Have Learned from the COVID Pandemic.</p> <p>Chair: Michael Diefenbach, PhD, Northwell Health Presenters: Sara Fleszar-Pavlovic, MA, University of California, Merced; Ellen Peters, PHD, University of Oregon; and James Dearing, PhD, University of Michigan <i>Johnson</i></p>	<p>9 – 9:50 a.m.</p>


Plenary Sessions At A Glance

<p>Presidential Symposium: Symposium 12: The Need for Adaption: A Call for Promoting the Value of Behavioral Scientists in Public Health Challenges and Policies</p> <p>Chair: Allison Sweeney, PhD, University of South Carolina Presenters: Kenneth Freedland, PhD, Washington University School of Medicine; Ken Resnicow, PhD, University of Michigan; and Dawn Wilson, PhD, University of South Carolina Discussant: Robert Kaplan, PhD, Stanford University <i>Johnson</i></p>	<p>9 – 9:50 a.m.</p>
<p>Keynote Presentation: Limiting Global Warming to 1.5 to 2.0 °C: A Necessary and Unique Role for Health Professionals</p> <p>Presenter: Ed Maibach, PhD, MPH, George Mason University</p>  <p>Moderator: Courtney Stevens, PhD, Dartmouth-Hitchcock Health, Geisel School of Medicine <i>Key Ballroom 1-6</i></p>	<p>10 – 10:50 a.m.</p>
<p>Jessie Gruman Award Winner Master Lecture: Health Engagement: A Life Course Socio-ecological Perspective</p> <p>Presenter: Laura Hayman, PhD, MSN, FAAN, FAHA, University of Massachusetts Boston</p>  <p>Moderator: Judith Ockene, PhD, MEd, MA, University of Massachusetts Medical School <i>Peale</i></p>	<p>2 – 2:50 p.m.</p>

Plenary Sessions At A Glance

<p>Master Lecture: Can We Stop Making It So Hard to Be Healthy? The Role of the Product Environment in Shaping Health Behaviors</p> <p>Presenter: Steve Downs, MS, Building H</p>  <p>Moderator: Ellen Beckjord, PhD, MPH, UPMC Health Plan <i>Johnson</i></p>	<p>2 – 2:50 p.m.</p>
<p>Master Lecture: The Unmet Needs of Those Living with Dementia and Their Care Partners: Gaps and Opportunities for Better Care</p> <p>Presenter: Christine Ritchie, MD, MSPH, Massachusetts General Hospital, Mongan Institute</p>  <p>Moderator: Ana-Maria Vranceanu, PhD, Massachusetts General Hospital, Harvard Medical School <i>Key Ballroom 8</i></p>	<p>2 – 2:50 p.m.</p>
<p>Presidential Panel Discussion: Panel 15: Podcasting for Science Communication, Connection, and Dissemination</p> <p>Chair: Ellen Beckjord, PhD, MPH, UPMC Health Plan Presenters: Lisa Bodnar, PhD, University of Pittsburgh; Roger Peng, PhD, John’s Hopkins University; and Kate Wolin, ScD, Coeus Health <i>Key Ballroom 7</i></p>	<p>2 – 2:50 p.m.</p>

Plenary Sessions At A Glance

<p>Keynote Presentation: Stepping Up Our Science to Achieve Health Equity <i>Sponsored by UPMC Health Plan</i></p> <p>Presenter: Lorraine Dean, ScD</p>  <p>Moderator: Tiffany Carson, PhD, MPH, H. Lee Moffitt Cancer Center and Research Institute <i>Key Ballroom 1-6</i></p>	<p>4 – 4:50 p.m.</p>
<p>Saturday, April 9, 2022</p>	
<p>Session</p>	<p>Time</p>
<p>Keynote Presentation: Finding a New Mission in Burnout Recovery</p> <p>Presenter: Jacqueline Kerr, PhD, MSc, The Grant Doctor</p>  <p>Moderator: Charles Jonassaint, PhD, MHS, University of Pittsburgh <i>Key Ballroom 8</i></p>	<p>10 – 10:50 a.m.</p>

Daily Schedule • Wednesday, April 6

Use the Annual Meeting mobile app to view full descriptions for all sessions, including keynotes and special interest group (SIG) breakfasts. The mobile app also contains full lists of all paper authors.

All sessions that offer continuing education credit are noted.

Pre Conference Course

8:30 – 10:30 a.m. **Course 1: The Theories and Techniques of Behavior Change Interventions (TTBCI) SIG Presents: How to Present Your Science and Yourself to the Media - A Hands-on Lesson from Those Who Are in the News and Make the News**

Room: *Key Ballroom 9*

Topic Area: Education, Training and Career Development

Chair: Yue Liao, MPH, PhD, CPH; University of Texas at Arlington

Presenters: Angela Bryan, PhD, University of Colorado Boulder; Melissa Habedank, MPH, American Institute for Cancer Research; and Shelley Wigley, PhD, MS, BS, University of Texas Arlington
Continuing education credit is available for this session.

8:30 – 10:30 a.m. **Course 2: I Think My Patient May Be Experiencing Psychosis— Now What? How Providers Can Support Early Identification and Intervention.**

Room: *Key Ballroom 10*

Topic Area: Mental Health

Chair: Katherine Eisen, PhD; Stanford University School of Medicine

Presenters: Sripriya Chari, PhD, Stanford University School of Medicine; Khalid Salaheldin, MD, Stanford University School of Medicine; and Cheryl Zepp, MA
Continuing education credit is available for this session.

11 a.m. – 1 p.m. **Course 3: Leveraging Qualitative Data to Enhance Behavioral Health Research Studies: Data Analysis and Write-up**

Room: *Key Ballroom 9*

Topic Area: Education, Training and Career Development


Chair: Allison Marziliano, PhD; Northwell Health

Presenters: Melissa Basile, PhD, Northwell Health; Elizabeth Siembida, PhD, MPH, Northwell Health; and Michael Diefenbach, PhD, Northwell Health
Continuing education credit is available for this session.

11 a.m. – 1 p.m. **Course 4: Behavioral Treatment of Headache and Persistent Post-Concussive Symptoms: Lessons Learned from the Veterans Administration**

Room: *Key Ballroom 10*

Topic Area: Pain

Open Science: 

Chair: Elizabeth Seng, PhD; Yeshiva University/Albert Einstein College of Medicine

Presenter: Amy Grinberg, PhD, VA Connecticut Healthcare System

Continuing education credit is available for this session.

Daily Schedule • Wednesday, April 6

11 a.m. – 1 p.m.

Course 5: The Cancer SIG Presents: Beyond Your Specific Aims Page: Getting Inside the Reviewer Mindset to Optimize Key Sections of Your Grant Proposal

Room: Key Ballroom 11

Topic Area: Education, Training and Career Development

Chairs: Lara Traeger, PhD, Massachusetts General Hospital; and Felicity Harper, PhD, Karmanos Cancer Institute/Wayne State University

Presenters: Majja Reblin, PhD, University of Vermont; and Suzanne O'Neill, PhD, Georgetown Lombardi Comprehensive Cancer Center

Continuing education credit is available for this session.

11 a.m. – 1 p.m.

Course 6: EXPRESSIVE ARTS INTERVENTIONS in Psychiatry, Psychosomatics, and Psycho-Oncology to Initiate Change and Transformation

Room: Key Ballroom 12

Topic Area: Mental Health

Chair: Peter Mai, SGPP

Continuing education credit is available for this session.

11 a.m. – 1 p.m.

Course 7: The Health Equity SIG Presents: Infusing Social Determinants of Health into Behavioral Medicine: Applying Concepts to Research, Clinical Practice, and Policy

Room: Carroll

Topic Area: Social and Environmental Context and Health

Chair: Cassandra Alcaraz, PhD, MPH, Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins University

Presenters: Patricia Rodríguez Espinosa, PhD, MPH, Stanford University School of Medicine; Joanna Buscemi, PhD, DePaul University; and Natabhona Mabachi, PhD, MPH, University of Kansas Medical Center

Continuing education credit is available for this session.

11 a.m. – 1 p.m.

Course 8: The Optimization of Behavioral and Biobehavioral Interventions (OBBI) SIG Presents: The Multiphase Optimization Strategy (MOST): Practicalities of an Optimization Trial

Room: Tubman

Topic Area: Methods and Measurements

Chair: Kate Guastaferrro, PhD, MPH, Pennsylvania State University

Presenter: Siobhan Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine

Continuing education credit is available for this session.

1:30 – 3:30 p.m.

Course 9: The Optimization of Behavioral and Biobehavioral Interventions (OBBI) SIG Presents: An Introduction to Adaptive Interventions and Sequential Multiple Assignment Randomized Trials

Room: Key Ballroom 9

Topic Area: Methods and Measurements

Chair: Ahnalee Brincks, PhD, Michigan State University

Presenters: Shawna Smith, PhD, University of Michigan

Continuing education credit is available for this session.


Daily Schedule • Wednesday, April 6

1:30 – 3:30 p.m.

Course 10: REAL Recruitment: Strategizing Social Media Outreach in an Online Era

Room: *Key Ballroom 10*

Topic Area: Methods and Measurements

Open Science: 

Chair: Elinor Taylor, MA, MS, BA, University of Southern California, Chan Division of Occupational Therapy and Occupational Science

Presenters: Aina Ali, BS, University of Southern California, Chan Division of Occupational Science and Occupational Therapy; Anya Khurana, University of Southern California, Chan Division of Occupational Science and Occupational Therapy; and Jiyun Kim, BA, University of Southern California, Chan Division of Occupational Science and Occupational Therapy
Continuing education credit is available for this session.

1:30 – 3:30 p.m.

Course 11: Techquity: Strategies to Inform and Enhance Health Equity in Digital Health Design

Room: *Key Ballroom 11*

Topic Area: Digital Health

Chair: Harpreet Nagra, PhD, One Drop

Presenters: Jamillah Hoy-Rosas, MPH, RD, CDCES, One Drop; and Lindsay Sears, PhD, Informed Data Systems


Continuing education credit is available for this session.

1:30 – 3:30 p.m.

Course 12: The Theories and Techniques of Behavior Change Interventions (TTBCI) SIG Presents: The “Nuts and Bolts” of Developing Health-Related Behavioral Interventions: Understanding and Applying the ORBIT Model

Room: *Key Ballroom 12*

Topic Area: Methods and Measurements

Open Science: 

Chair: Susan Czajkowski, PhD, National Cancer Institutes, National Institutes of Health

Presenters: Kenneth Freedland, PhD, Washington University School of Medicine; Sylvie Naar, PhD, Florida State University; and Lynda Powell, PhD, Rush University Medical Center



Continuing education credit is available for this session.

1:30 – 3:30 p.m.

Course 13: The Integrative Health and Spirituality SIG Presents: Using Implementation Science to Move Complementary and Integrative Health (CIH) Interventions into Routine Settings

Room: *Carroll*

Topic Area: Integrative Health and Spirituality

Open Science:  

Chair: A. Rani Elwy, PhD, Warren Alpert Medical School, Brown University

Presenter: Ana-Maria Vranceanu, PhD, Massachusetts General Hospital, Harvard Medical School

Continuing education credit is available for this session.

Daily Schedule • Wednesday, April 6

4 – 4:50 p.m.

Welcome & Opening Keynote: Building a Bridge for Behavioral Medicine

Room: *Key Ballroom 1-6*

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner

Presenters: Monica Baskin, PhD, University of Alabama at Birmingham; Michael Diefenbach, PhD, Northwell Health; L. Alison Phillips, PhD, Iowa State University; and Dori Steinberg, PhD, RD, Equip Health

Moderator: Sherry Pagoto, PhD; University of Connecticut

Continuing education credit is available for this session.

5 – 5:50 p.m.

Poster Session A

Room: *Holiday Ballroom*

5 – 5:50 p.m.

First Time Attendee and New Member Meet & Greet

Room: *Key Ballroom South Foyer*

Recorded Research Spotlight

Head to the mobile app to view a curated collection of recorded research spotlights. Recorded research spotlights are 2-minute on-demand video presentations that are available to view at your leisure throughout the course of the meeting.

Daily Schedule • Thursday, April 7

Breakfast Roundtable

8 – 8:50 a.m. **Cancer SIG Business Meeting**

Room: *Key Ballroom 8*

Topic Area: Cancer

Presenters: Karen Syrjala, PhD, Fred Hutchinson Cancer Research Center; Bernardine Pinto, PhD, University of South Carolina; Claire Conley, PhD, Georgetown University; Neha Goyal, PhD; Felicity Harper, PhD, Karmanos Cancer Institute/Wayne State University; Lara Traeger, PhD, Massachusetts General Hospital; and Tammy Schuler, PhD, MS, Fred Hutchinson Cancer Research Center

Moderator: Amy Leader, DrPH, MPH, Thomas Jefferson University

8 – 8:50 a.m. **Evidence-based Behavioral Medicine (EBBM) SIG Business Meeting**

Room: *Peale*

Topic Area: Methods and Measurement

Presenters: Carrie Patnode, PhD, MPH, Kaiser Permanente Center for Health Research; Nora Henrikson, PhD, MPH, Kaiser Permanente Washington Health Research Institute; and Melissa Little, PhD, University of Virginia

Moderator: Nora Henrikson, PhD, MPH, Kaiser Permanente Washington Health Research Institute

8 – 8:50 a.m. **Integrated Primary Care SIG: Business and Interactive IPC Discussion Breakfast**

Room: *Johnson*

Topic Area: Integrated Primary Care

Presenter: Cerissa Blaney, PhD, Brown Physicians Inc., Brown Medicine Internal Medicine

Moderator: Jocelyn Remmert, PhD, Corporal Michael J. Crescenz VA Medical Center

8 – 8:50 a.m. **Multiple Health Behavior Change and Multi-morbidities (MHBCM) SIG Business Meeting**

Room: *Key Ballroom 9*

Topic Area: Multiple Behavior Change

Presenter: Tammy Stump, PhD, Northwestern University

Moderator: Tyler Mason, PhD, University of Southern California

8 – 8:50 a.m. **The Education, Training and Career Development (ETCD) Council Presents: Nursing Section: The Urgency of Adaptation**

Room: *Key Ballroom 10*

Topic Area: Social and Environmental Context and Health

Presenters: Linda Baumann, PhD, APRN-BC FAAN, University of Wisconsin-Madison School of Nursing; and Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP, University of Maryland School of Nursing

Moderator: Laura Hayman, PhD, MSN, FAAN, FAHA, University of Massachusetts Boston

Daily Schedule • Thursday, April 7

8 – 8:50 a.m. ***Optimization of Behavioral and Biobehavioral Interventions (OBBI) SIG Business Meeting***

Room: *Key Ballroom 11*

Topic Area: Methods and Measurement

Presenters: Heather Wasser, PhD, University of North Carolina at Chapel Hill; Kate Guastafiero, PhD, MPH, Pennsylvania State University; Siobhan Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine; Rachel Wells, PhD, University of Alabama at Birmingham School of Nursing; and Karey O'Hara, PhD

Moderator: Ahnalee Brincks, PhD, Michigan State University

8 – 8:50 a.m. ***Physical Activity SIG Breakfast Roundtable and Member Networking Event***

Room: *Key Ballroom 12*

Topic Area: Physical Activity

Presenters: Dori Pekmezi, PhD, University of Alabama at Birmingham; and Diane Ehlers, PhD, University of Nebraska Medical Center

Moderator: Linda Trinh, PhD, University of Toronto

8 – 8:50 a.m. ***The Publications and Communications Council Presents: Publishing in SBM Journals: Advancing at the Speed of Science***

Room: *Ruth*

Topic Area: Education, Training and Career Development

Presenters: Tracey Revenson, PhD, Hunter College & the Graduate Center, The City University of New York; Cheryl Knott, PhD, University of Maryland; and Andrea Giannini, Oxford University Press

Moderator: Megan McVay, PhD, University of Florida

8 – 8:50 a.m. ***SBM Women's Health SIG Annual Business Meeting***

Room: *Carroll*

Topic Area: Women's Health

Presenters: Rizwana Biviji, PhD, MS, Arizona State University

Moderators: Jodie Lisenbee, MA, BS, CD(DONA), University of North Carolina at Charlotte

8 – 8:50 a.m. ***Behavioral Informatics and Technology (BIT) SIG: Tech Madness!***

Room: *Tubman*

Topic Area: Digital Health

Presenters: Emanuela Offidani, PhD, Click Therapeutics Inc.; and Chuka Emezue, PhD, MPH, MPA, Rush University, College of Nursing

Moderator: Amber Blackwood, MPH, CHES, Lirio

Daily Schedule • Thursday, April 7

8 – 8:50 a.m. ***Theories and Techniques of Behavior Change Intervention (TTBCI)
SIG Business Meeting***

Room: *Poe*

Topic Area: Methods and Measurement

Presenters: Derek Hevel, MS, University of North Carolina at Greensboro; Angela Bryan, PhD, University of Colorado Boulder; Martin Hagger, PhD, University of California, Merced; Talea Cornelius, PhD, MSW, Columbia University Irving Medical Center; Courtney Stevens, PhD, Dartmouth-Hitchcock Health/Geisel School of Medicine; and Carina Nigg, MSc, Karlsruhe Institute of Technology & University of Bern

Moderators: Angela Bryan, PhD, University of Colorado Boulder; Martin Hagger, PhD, University of California, Merced; Talea Cornelius, PhD, MSW, Columbia University Irving Medical Center; Courtney Stevens, PhD, Dartmouth-Hitchcock Health/Geisel School of Medicine; and Carina Nigg, MSc, Karlsruhe Institute of Technology & University of Bern

8 – 8:50 a.m. ***Presented in Collaboration with Student Leadership from the
Diabetes, Behavioral Informatics and Technology, Obesity and Eating
Disorders, and Student SIGs: Words of Wisdom: Breakfast Roundtable
Mentoring Session***

Room: *Latrobe*

Topic Area: Education, Training and Career Development

Presenters: Marissa Alert, PhD, Johns Hopkins Medicine, Johns Hopkins Healthcare Solutions; José Bauermeister, PhD, MPH, The University of Pennsylvania; Joanna Buscemi, PhD, DePaul University; Angela Pfammatter, PhD, Northwestern University Feinberg School of Medicine; Tiffany Powell-Wiley, MD, MPH, National Heart, Lung, and Blood Institute, National Institute on Minority Health and Health Disparities; and J. Graham Thomas, PhD, The Miriam Hospital and Alpert Medical School of Brown University

Moderator: Jennifer Warnick, PhD, The Miriam Hospital and Alpert Medical School of Brown University

8 – 8:50 a.m. ***NIH Obesity Research Listening Session***

Room: *Key Ballroom 7*

Topic Area: Obesity

Instructional Level: Beginner

Chair: Susan M. Czajkowski, PhD, National Cancer Institutes

Presenters: Laurie Friedman Donze, PhD; National Heart, Lung, and Blood Institute; and Maureen Monaghan Center, PhD, National Institute of Diabetes and Digestive and Kidney Diseases

Daily Schedule • Thursday, April 7

Symposium

9 – 9:50 a.m.

Symposium 1: A New Network to Advance Research on the Intersection of Emotional Well-being and Economic Burden of Disease

Room: *Carroll*

Topic Area: Quality of Life

Instructional Level: Beginner/Intermediate

Chair: Maria Pisu, PhD, University of Alabama at Birmingham

Presenters: Minal Patel, PhD, MPH, University of Michigan; Kathleen Gallagher, MPH, Patient Advocate Foundation; and Margaret Liang, MD, MS, University of Alabama at Birmingham

Discussant: Michelle Martin, PhD, MA, BSc, The University of Tennessee Health Science Center
Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 2: The Sleep SIG Presents: Adapting Content and Delivery of Digital Health Interventions: Three Examples with Cognitive-Behavioral Therapy for Insomnia

Room: *Key Ballroom 9*

Topic Area: Digital Health

Instructional Level: Intermediate

Chair: Kelly Shaffer, PhD, University of Virginia

Presenters: Hannah Arem, PhD, MedStar Health Research Institute; and Carmela Alcántara, PhD, Columbia School of Social Work

Discussant: Lee Ritterband, PhD, University of Virginia Center for Behavioral Health & Technology
Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 3: The Physical Activity SIG Presents: Adapting to the Widespread Legalization of Cannabis: Potential Implications for Physical Activity Behavior

Room: *Key Ballroom 10*

Topic Area: Physical Activity

Instructional Level: Beginner/Intermediate

Chair: Renee Magnan, PhD, Washington State University Vancouver

Presenters: Angela Bryan, PhD, University of Colorado Boulder; and Laurel Gibson, MA, University of Colorado Boulder

Discussant: Whitney Ogle, PhD, DPT, MS, Humboldt State University
Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 4: Addressing Social Determinants of Health in Behavioral Interventions to Improve Health Equity

Room: *Key Ballroom 7*

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Chair: Lisa Goldman Rosas, PhD, MPH, Stanford University

Presenters: Patricia Rodriguez Espinosa, PhD, MPH, Stanford University School of Medicine; and Tainayah Thomas, PhD, MPH, Kaiser Permanente Northern California Division of Research

Discussant: Amy Yaroch, PhD, Gretchen Swanson Center for Nutrition
Continuing education credit is available for this session.

Daily Schedule • Thursday, April 7


9 – 9:50 a.m.

Symposium 5: The Cancer and Health Equity SIGs Present: Challenges in Efforts to Increase Access to Hereditary Cancer Genetic Counseling and Testing for Underrepresented Populations

Room: *Tubman*

Topic Area: Genetics/Genomics

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Catharine Wang, PhD, Boston University School of Public Health

Presenters: Catharine Wang, PhD, Boston University School of Public Health; Anita Kinney, PhD, RN, FABMR, FAAN, Rutgers University School of Public Health; and Deborah Bowen, PhD, University of Washington

Discussant: Deborah Cragun, PhD, University of South Florida

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 6: The Theories and Techniques of Behavior Change Interventions (TTBCI) SIG Presents: Concerns, Beliefs, and Behavior during the COVID-19 Pandemic

Room: *Poe*

Topic Area: Multiple Behavior Change

Instructional Level: Intermediate

Open Science:  

Chair: Martin Hagger, PhD, University of California, Merced

Presenters: Martin Hagger, PhD, University of California, Merced; Kyra Hamilton, PhD, Griffith University; Stephanie Smith, BSc, Griffith University; and Jacob Keech, PhD, University of the Sunshine Coast

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 7: The Cardiovascular Disease (CVD) and Health Equity SIGs Present: Leveraging mHealth to Address Cardiovascular Health in Underserved Populations

Room: *Key Ballroom 11*

Topic Area: Cardiovascular Disease

Instructional Level: Intermediate

Chairs: Alyssa Vela, PhD, Northwestern Feinberg School of Medicine; and Allison Gaffey, PhD, Yale School of Medicine

Presenters: Brie Turner-McGrievy, PhD, MS, RD, University of South Carolina; Hailey Miller, PhD, RN, Duke University School of Nursing; LaPrincess Brewer, MD, MPH, Mayo Clinic College of Medicine; and Carly Goldstein, PhD, The Miriam Hospital and Alpert Medical School of Brown University

Discussant: Allison Gaffey, PhD, Yale School of Medicine

Continuing education credit is available for this session.

Daily Schedule • Thursday, April 7



9 – 9:50 a.m.

Symposium 8: The Aging SIG Presents: Multidisciplinary Approaches to Enhancing Health Promotion Skills in Older Adults

Room: *Key Ballroom 12*

Topic Area: Aging

Instructional Level: Beginner/Intermediate

Open Science:  

Chair: Ryan Mace, PhD, Massachusetts General Hospital, Harvard Medical School

Presenters: Ryan Mace, PhD, Massachusetts General Hospital, Harvard Medical School; Lara Traeger, PhD, Massachusetts General Hospital; and Stacey Schepens Niemiec, PhD, OTR/L, University of Southern California

Discussant: Beth Orsega-Smith, PhD, University of Delaware

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 9: Multilevel Approaches to Promoting Equity in Clinical Trials

Room: *Key Ballroom 8*

Topic Area: Health Communication and Policy

Instructional Level: Beginner

Chair: Nicole Senft Everson, PhD, National Cancer Institutes

Presenters: Courtney Williams, DrPH, National Cancer Institutes; Lauren Hamel, PhD, Wayne State University/Karmanos Cancer Institute; and Aisha Langford, PhD, MPH, New York University Langone Health

Discussant: Wynne Norton, PhD, National Cancer Institutes

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 10: The Military and Veterans' Health and Pain SIGs Present: NIH-DOD-VA Pain Management Collaboratory: Pragmatic Clinical Trials of Nonpharmacological Approaches to Pain Management

Room: *Latrobe*

Topic Area: Pain

Instructional Level: Intermediate/Advanced

Chair: Robert Kerns, PhD, Yale

Presenters: Susan Hastings, MD, MHS, Duke University, Durham VA; and Julie Fritz, PT, PhD, University of Utah

Discussant: Wendy Weber, ND, PhD, MPH, National Center for Complementary and Integrative Health

Continuing education credit is available for this session.

Daily Schedule • Thursday, April 7

9 – 9:50 a.m.

Symposium 11: Not too Burdensome, Not too Expensive, Just Right: Balancing Burden and Effectiveness of Self-Monitoring for Weight Management

Room: *Peale*

Topic Area: Obesity

Instructional Level: Beginner/Intermediate

Chair: Chelsea Carpenter, PhD, MPH, University of Florida

Presenters: Chelsea Carpenter, PhD, MPH, University of Florida; Rebecca Krukowski, PhD, University of Tennessee Health Science Center; and Delia West, PhD, University of South Carolina

Discussant: Lora Burke, PhD, MPH, School of Nursing, University of Pittsburgh

Continuing education credit is available for this session.

9 – 9:50 a.m.

Presidential Symposium: Symposium 12: The Need for Adaption: A Call for Promoting the Value of Behavioral Scientists in Public Health Challenges and Policies

Room: *Johnson*

Topic Area: Health Communication and Policy

Instructional Level: Beginner/Intermediate

Chair: Allison Sweeney, PhD, University of South Carolina

Presenters: Kenneth Freedland, PhD, Washington University School of Medicine; Ken Resnicow, PhD, University of Michigan; and Dawn Wilson, PhD, University of South Carolina

Discussant: Robert Kaplan, PhD, Stanford University

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 13: Traumatization, Resilience, and Socio-environmental Justice Following Extreme Disasters

Room: *Ruth*

Topic Area: Mental Health

Instructional Level: Advanced

Chair: Amy Ai, PhD, Florida State University

Presenters: Amy Ai, PhD, Florida State University; Sabrina Dickey, PhD, MSN, RN, Florida State University; and Irvin Clark, EdD, Florida State University

Discussant: Norman Anderson, PhD, Florida State University

Continuing education credit is available for this session.

Keynote

10 – 10:50 a.m.

Keynote: The Centrality of Behavior in Present and Future Pandemics

Room: *Key Ballroom 1-6*

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Presenter: Mercedes Carnethon, PhD, Northwestern University Feinberg School of Medicine

Moderator: Stephanie Fitzpatrick, PhD, WW (formerly Weight Watchers)

Continuing education credit is available for this session.

11 – 11:50 a.m.

Poster Session B

Room: *Holiday Ballroom*

Daily Schedule • Thursday, April 7

11:30 a.m. – 1:30 p.m. **Food Truck Lunch**

Room: *The food trucks will be parked on Eutaw Street near the hotel sky-walk.*

Paper

1 – 1:50 p.m. **Paper Session 1: Digital Interventions for Weight Management**

Room: Johnson

Chair: Cynthia M. Castro Sweet, PhD, Modern Health



Co-Chair: Alexandra M. Lee, PhD, The Pennsylvania State University

1 – 1:10 p.m.

A Wrist-worn Sensor Can Identify Dietary Non-adherence in Behavioral Obesity Treatment

Topic Area: Digital Health

Instructional Level: Intermediate

Open Science:  




Presenter: Stephanie Goldstein, PhD, The Miriam Hospital and Alpert Medical School of Brown University

1:10 – 1:20 p.m.

Beyond Calorie Tracking: A Remotely Delivered Behavioral Intervention Using an Ad Libitum Plant-Based Diet

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Open Science:   

Presenter: Christina Chwyl, MS, Drexel University

1:20 – 1:30 p.m.

Engagement in Online Behavioral Weight Loss Treatment Delivered Pragmatically in Primary Care: Exploratory Cluster Analysis

Topic Area: Digital Health

Instructional Level: Intermediate

Presenter: Hallie Espel-Huynh, PhD, The Miriam Hospital and Alpert Medical School of Brown University

1:30 – 1:40 p.m.

Tailored Versus Targeted Digital Weight Loss Interventions on University Campuses: 6 Month Cardiometabolic and Cost Outcomes

Topic Area: Digital Health

Instructional Level: Intermediate

Presenter: Melissa Napolitano, PhD, The George Washington University Milken Institute of Public Health

Daily Schedule • Thursday, April 7

1 – 1:50 p.m. **Paper Session 2: E-cigarette Use among Adolescents and Young Adults**

Room: *Key Ballroom 9*

Chair: Andrew M. Busch, PhD, University of Minnesota, Hennepin County Medical Center

Co-Chair: Sam L. Battalio, MS, Northwestern University

1 – 1:10 p.m. **Associations of E-cigarette Weight Control Expectancies with E-cigarette Initiation 6 Months Later in Young Adults**

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Intermediate

Presenter: Afton Kechter, PhD, University of Southern California

1:10 – 1:20 p.m. **Factors Associated with E-cigarette Quitting Behavior among Adolescents in the United States**

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Beginner/Intermediate

Presenter: Nikhil Ahuja, PhD, MDS, Slippery Rock University

1:20 – 1:30 p.m. **Longitudinal Tobacco and E-cigarette Use Behavior Transitions among Youth and Young Adults**

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Intermediate/Advanced

Presenter: Elizabeth Do, PhD, MPH, Truth Initiative

1:30 – 1:40 p.m. **Resurgence of E-cigarette Use among Youth and Young Adults Late in the COVID-19 Pandemic, United States 2021**

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Intermediate

Presenter: Jennifer Kreslake, PhD, MPH, Truth Initiative

1 – 1:50 p.m. **Paper Session 3: Health Communication and Decision Making**




Room: *Ruth*

Chair: Marleah Dean Kruzell, PhD, University of South Florida

1 – 1:10 p.m. **Effects of Communicating Different Types of Conflicting Information about Nutrition and Cancer Risk**

Topic Area: Decision Making

Instructional Level: Intermediate

Open Science:   

Presenter: Irina Iles, PhD, MPH, National Cancer Institutes

1:10 – 1:20 p.m. **The Cancer and Health Decision Making SIGs Present: Preference Elicitation & Treatment Decisions among Men Diagnosed with Prostate Cancer: Results from the Healium Trial**

Topic Area: Digital Health

Instructional Level: Intermediate

Presenter: Michael Diefenbach, PhD, Northwell Health

Daily Schedule • Thursday, April 7

- 1:20 – 1:30 p.m. **Proof-of-Concept Feasibility Trial of a Dissonance-Based Sun Safety Intervention for Young Adult Tanners**
Topic Area: Cancer
Instructional Level: Beginner
Open Science: 
Presenter: Sherry Pagoto, PhD, University of Connecticut
- 1:30 – 1:40 p.m. **The Impact of Cannabis Packaging Characteristics on Perceptions and Use Intentions**
Topic Area: Substance Abuse
Instructional Level: Beginner/Intermediate
Presenter: Sarah Kowitt, PhD, MPH, University of North Carolina Chapel Hill
- 1 – 1:50 p.m. **Paper Session 4: Health Promotion among Marginalized Populations**
Room: *Key Ballroom 7*
Chair: Robert L. Newton Jr., PhD, Pennington Biomedical Research Center
Co-Chair: Scherezade K. Mama, DrPH, The University of Texas MD Anderson Cancer Center
- 1 – 1:10 p.m. **A Stepped Wedge Cluster Randomized Trial Intervening on Physical Activity and Sedentary Time with Filipino Lay Faith Leaders**
Topic Area: Physical Activity
Instructional Level: Intermediate/Advanced
Open Science:  
Presenter: Cheryl Albright, PhD, MPH, University of Hawaii at Manoa
- 1:10 – 1:20 p.m. **Behavioral Obesity Treatment Using Digital Tools for Racial/ethnic Minority Adults: Feasibility of the Spark Pilot Study**
Topic Area: Obesity
Instructional Level: Beginner/Intermediate
Open Science: 
Presenter: Michele Patel, PhD, Stanford University
- 1:20 – 1:30 p.m. **Examen Tu Salud Digital Health & Wellness Coaching for Young Adult Latinx: Results from a Brief Intervention**
Topic Area: Multiple Behavior Change
Instructional Level: Intermediate
Presenter: Kelly L'Engle, PhD, MPH, University of San Francisco
- 1:30 – 1:40 p.m. **Factors Associated with Racial Differences in Weight Loss. The PROPEL Study.**
Topic Area: Health of Marginalized Populations
Instructional Level: Intermediate
Open Science: 
Presenter: Robert Newton, PhD, Pennington Biomedical Research Center

Daily Schedule • Thursday, April 7

1–1:50 p.m. **Paper Session 5: Health Promotion and Cancer Survivorship**

Room: *Key Ballroom 8*

Chair: Erin E. Kent, PhD, University of North Carolina Chapel Hill

Co-Chair: Claire Conley, PhD, Georgetown University

1–1:10 p.m. **Group Cohesion and Exercise Adherence during a Face-to-face vs. Videoconference Delivered Program for Cancer Survivors**

Topic Area: Physical Activity


Instructional Level: Beginner/Intermediate

Presenter: Heather Leach, PhD, Colorado State University

1:10–1:20 p.m. **Optimization of a Nutrition and Physical Activity Intervention for Colorectal Cancer Survivors: Tools To Be Fit Study Protocol**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate


Open Science: 

Presenter: Erin Van Blarigan, ScD, University of California, San Francisco

1:20–1:30 p.m. **Phase I Randomized Trial of Exercise for Chemotherapy-induced Peripheral Neuropathy (CIPN) and the Interoceptive Brain System**

Topic Area: Cancer

Instructional Level: Intermediate

Open Science: 

Presenter: Ian Kleckner, PhD, MPH, University of Rochester Medical Center

1:30–1:40 p.m. **Physical Activity and Sleep during and after Chemotherapy for Gynecologic Malignancies: A Controlled Comparison.**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Presenter: Danielle Tometich, PhD, Moffitt Cancer Center

1–1:50 p.m. **Paper Session 6: Lifestyle and Child and Family Health**

Room: *Carroll*

Chair: Michael W. Beets, PhD, University of South Carolina

Co-Chair: Bridget Armstrong, PhD, University of South Carolina

1–1:10 p.m. **Investigating Within-Day Time-Varying Associations between Behavioral Cognitions and Physical Activity in Adolescents**

Topic Area: Physical Activity

Instructional Level: Intermediate

Presenter: Matthew Kwan, PhD, Brock University

1:10–1:20 p.m. **Parent Stress, Child Behavior and Preschoolers' Screen Time: A Micro-temporal Ecological Momentary Assessment Study**

Topic Area: Child and Family Health

Instructional Level: Intermediate

Presenter: Bridget Armstrong, PhD, University of South Carolina


Daily Schedule • Thursday, April 7

1:20 – 1:30 p.m.

Reducing Obesity, Improving Lifestyle Behaviors of Socioeconomically Disadvantaged Children: Healthy Kids & Families Study

Topic Area: Child and Family Health

Instructional Level: Intermediate

Open Science: 


Presenter: Milagros Rosal, PhD, UMass Chan Medical School

1:30 – 1:40 p.m.

Two Randomized Crossover Trials of Acute Affective Responses to Reducing Sitting Time in Children Ages 7-11 and 11-15

Topic Area: Mental Health

Instructional Level: Intermediate

Open Science: 

Presenter: Jennifer Zink, PhD, National Cancer Institutes, National Institutes of Health

1 – 1:50 p.m.

Paper Session 7: Nutrition and Family and Social Context

Room: *Key Ballroom 10*

Chair: Michelle Cardel, PhD, MS, RD, FTOS, WW (formerly Weight Watchers), University of Florida

Co-Chair: Jessica LaRosa, MD, Johns Hopkins Hospital

1 – 1:10 p.m.

The Child and Family Health SIG Presents: Food Insecurity, Federal Nutrition Support, and Parent Feeding Practices during COVID-19: A 1-year Follow-up Study

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate


Presenter: Elizabeth Adams, PhD, University of South Carolina

1:10 – 1:20 p.m.

Kids SIPsmarterER during the COVID-19 Pandemic: Adapting and Delivering a Behavioral Intervention in Rural Middle Schools

Topic Area: Dissemination and Implementation

Instructional Level: Beginner/Intermediate

Open Science: 


Presenter: Kathleen Porter, PhD, RD, University of Virginia

1:20 – 1:30 p.m.

Results from the Strong Families Start at Home Trial to Improve the Diet Quality of Low-income, Ethnically Diverse Children

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Alison Tovar, PhD, MPH, University of Rhode Island

1:30 – 1:40 p.m.

The Perspectives of Black Mothers on Factors Influencing Dietary Choices in their Families and Communities

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Presenter: Chishinga Callender, MS, USDA/ARS Children's Nutrition Research Center, Baylor College of Medicine

Daily Schedule • Thursday, April 7

1 – 1:50 p.m.

Paper Session 8: Pain

Room: *Peale*

Chair: Ana-Maria Vranceanu, PhD, Massachusetts General Hospital, Harvard Medical School


Co-Chair: Lakeya S. McGill, University of Maryland, Baltimore County

1 – 1:10 p.m.

Factors Associated with Interest in Engaging in Psychological Interventions for Pain Management

Topic Area: Pain

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Lisa Miller-Matero, PhD, ABPP, Henry Ford Health System

1:10 – 1:20 p.m.

Pain Self-efficacy Predicts Daily Physical Activity Levels in Low Back Pain

Topic Area: Pain

Instructional Level: Beginner/Intermediate


Presenter: Danielle Wesolowicz, PhD, PRIME Center, VA Connecticut Healthcare System

1:20 – 1:30 p.m.

Short-term Efficacy Findings from a Randomized Controlled Trial with EPIO – a Digital Pain Self-management Program

Topic Area: Pain

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Katrine Bostrøm, MSc, Division of Medicine, Oslo University Hospital

1:30 – 1:40 p.m.

Trajectories and Biopsychosocial Predictors of Daily Acute Pain in Adolescents Receiving Treatment for Pain

Topic Area: Pain

Instructional Level: Beginner/Intermediate

Presenter: Caroline Cummings, PhD, Texas Tech University

1 – 1:50 p.m.

Paper Session 9: Qualitative and Community-Based Participatory Research

Room: *Tubman*

Chair: Deborah Bowen, PhD, University of Washington

Co-Chair: Jenny L. Olson, PhD, The Pennsylvania State University

1 – 1:10 p.m.

A Community-based Research Partnership to Address Physical Activity Security among Rural American Indian Older Adults

Topic Area: Health of Marginalized Populations

Instructional Level: Intermediate

Presenter: Maja Pedersen, PhD, Stanford University

Daily Schedule • Thursday, April 7

- 1:10 – 1:20 p.m. **A Model for Improving Stakeholder Engagement in Mental Health Care**
 Topic Area: Dissemination and Implementation
 Instructional Level: Intermediate
 Presenter: Dafna Paltin, BS, University of California, San Diego
-
- 1:20 – 1:30 p.m. **Community Engagement to Improve Health Equity: Adapting Boot Camp Translation Methodology for Rapid Implementation**
 Topic Area: Health of Marginalized Populations
 Instructional Level: Beginner/Intermediate
 Presenter: Elizabeth Towner, PhD, Wayne State University
-
- 1:30 – 1:40 p.m. **Promoting Colorectal Cancer Screening among Firefighters: Building the Cancer Free Heroes Intervention**
 Topic Area: Cancer
 Instructional Level: Beginner/Intermediate
 Presenter: Saba Arzola, MPH, University of South Florida
-
- 1 – 1:50 p.m. **Paper Session 10: Sexual Health**
 Room: *Poe*
 Chair: Jessica R. Gorman, PhD, MPH, Oregon State University
 Co-Chair: Lucy Finkelstein-Fox, PhD, Massachusetts General Hospital
-
- 1 – 1:10 p.m. **Evaluating Patient Education Materials on Cervical Cancer Screening for Inclusivity of Sexual and Gender Diverse Populations**
 Topic Area: Cancer
 Instructional Level: Beginner/Intermediate
 Presenter: Katie Myers, MPH, University of New Mexico School of Medicine
-
- 1:10 – 1:20 p.m. **Sexual Orientation Concealment and Mental Health among BIPOC Men Who Have Sex with Men: A Systematic Review**
 Topic Area: Mental Health
 Instructional Level: Beginner/Intermediate
 Presenter: Anthony Hitch, MA, University of Cincinnati
-
- 1:20 – 1:30 p.m. **The Inventory of Anal Sex Knowledge (iASK): A New Measure of Sexual Health Knowledge among Adolescent Sexual Minority Males**
 Topic Area: Sexual Health
 Instructional Level: Beginner/Intermediate
 Open Science: 
 Presenter: Bryan Kutner, PhD, MPH, HIV Center for Clinical and Behavioral Studies at the New York State Psychiatric Institute and Columbia University


Daily Schedule • Thursday, April 7

1:30 – 1:40 p.m.

Using Perceptual Mapping to Understand Breast Cancer Patients' Top Barriers to Discussing Sexual Concerns

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Lauren Zimmaro, PhD, Fox Chase Cancer Center

1 – 1:50 p.m.

Paper Session 11: Social and Environmental Context and Health

Room: *Key Ballroom 11*

Chair: Matthew P. Banegas, PhD, MPH, University of California, San Diego


Co-Chair: Loneke Blackman Carr, PhD, RD, University of Connecticut

1 – 1:10 p.m.

Antebellum Slavery Predicts Contemporary Disparities in Black-White Mortality

Topic Area: Health of Marginalized Populations

Instructional Level: Intermediate

Open Science: 

Presenter: Eric Gaudiello, MA, BS, University of North Carolina Chapel Hill

1:10 – 1:20 p.m.

Anticipatory Racism Threat, Racial Discrimination, and 'Weathering' among African American Women

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner

Presenter: Amanda Perez, PHD, University of California, Berkeley

1:20 – 1:30 p.m.

Exploring Racism and Systemic Inequities through Students' Memories (ERASISM): A University-based Photovoice Project

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Presenters: Kristin Black, PhD, MPH, East Carolina University; and Tamra Church, MAEd, MCHES®, East Carolina University

1:30 – 1:40 p.m.

Superwoman Schema: Not Just the "Female" Version of John Henryism

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner

Presenter: Amanda Perez, PhD, University of California, Berkeley

Daily Schedule • Thursday, April 7

1 – 1:50 p.m. **Paper Session 12: Telehealth**

Room: *Key Ballroom 12*

Chair: Veronica P. S. Njie-Carr, PhD, University of Maryland, Baltimore


Co-Chair: Valerie Myers, PhD, Glooko, Inc.

1 – 1:10 p.m.

Engaging Community Stakeholders to Develop a Telehealth Yoga Program for Rural Older Adults Living in Rural Wisconsin

Topic Area: Aging

Instructional Level: Beginner

Open Science: 

Presenter: Susan Andreae, PhD, MPH, University of Wisconsin - Madison

1:10 – 1:20 p.m.

The Utilization of Telemedicine for Mood Disorders in the Pre-COVID-19 Era: A Systematic Review

Topic Area: Digital Health

Instructional Level: Beginner/Intermediate

Presenter: Jennifer Levin, PhD, Case Western Reserve University School of Medicine, University Hospitals Cleveland Medical Center

1:20 – 1:30 p.m.

Transitioning a Postpartum Mental Health Support Group to Telehealth in COVID-19

Topic Area: Women's Health

Instructional Level: Beginner

Presenter: Meghan Sharp, PhD, Brown University

1:30 – 1:40 p.m.

Using Telehealth for Complementary and Integrative Health Services during COVID-19 at the US Department of Veterans Affairs

Topic Area: Integrative Health and Spirituality

Instructional Level: Beginner/Intermediate

Presenter: Clauida Der-Martirosian, PhD, US Department of Veterans Affairs (VA)

1 – 1:50 p.m.

Paper Session 13: Women's Cardiovascular Health

Room: *Latrobe*

Chair: Angela Pfammatter, PhD, Northwestern University Feinberg School of Medicine

Co-Chair: Abigail Pauley, PhD, The Pennsylvania State University

1 – 1:10 p.m.

Epigenetic Age Acceleration at Midlife is Sensitive to Changes in Cortisol Trajectories Following Child Sexual Abuse in Females

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Presenter: John Felt, PhD, The Pennsylvania State University

1:10 – 1:20 p.m.

Excess Gestational Weight Gain Prospectively Predicts Poorer Cardiovascular Health among Women with Overweight and Obesity

Topic Area: Obesity

Instructional Level: Beginner/Intermediate

Presenter: Shannon Donofry, PhD, University of Pittsburgh

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1:20 – 1:30 p.m.

Loneliness, Social Isolation, and Cardiovascular Disease among Civilian and Veteran Women in the Women’s Health Initiative

Topic Area: Cardiovascular Disease

Instructional Level: Beginner/Intermediate




Presenter: Natalie Golaszewski, PhD, MA, University of California, San Diego

1:30 – 1:40 p.m.

Relations of Ultra-processed Food Intake with Maternal Weight Change and Cardiometabolic Health

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Intermediate

Open Science:   

Presenter: Jenna Cummings, PhD, Social and Behavioral Sciences Branch, Division of Intramural Population Health Research, Eunice Kennedy Shriver National Institute of Child Health and Human Development

Master Lecture

2 – 2:50 p.m.

Distinguished Scientist Award Winner Master Lecture: Whose Job Is Health Promotion and How Can We Get It Done?

Room: *Peale*

Topic Area: Multiple Behavior Change

Presenter: Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine

Moderator: Francis Keefe, PhD, Duke University Medical Center

2 – 2:50 p.m.

Master Lecture: How the Racialized Terror of Fat People Came to Dominate Medicine (And How We Shift the Paradigm)

Room: *Key Ballroom 8*

Topic Area: Health of Marginalized Populations

Presenter: Sabrina Strings, PhD, University of California, Irvine

Moderator: Dori Steinberg, PhD, RD, Equip Health

2 – 2:50 p.m.

Master Lecture: Lo-TEK: Radical Indigenism and Traditional Ecological Knowledge

Room: *Johnson*

Topic Area: Social and Environmental Context and Health

Presenter: Julia Watson

Moderator: Andrea Mendoza-Vasconez, PhD, MPH, Brown University School of Public Health

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Panel Discussion

2 – 2:50 p.m.

Presidential Panel Discussion: Panel 0: Behavioral Medicine 2.0: Critical Briefings on a Changing Field in a Changing Climate

Room: *Key Ballroom 7*

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Presenters: Michael A. Diefenbach, PhD, Northwell Health; Karl J. Maier, PhD, Salisbury University; Donald Edmondson, PhD, MPH, Columbia University Medical Center; Cecilia J. Sorensen, MD, Columbia University

Moderator: Courtney J. Stevens, PhD, Dartmouth-Hitchcock Medical Center, Dartmouth College

2 – 2:50 p.m.

Presidential Panel Discussion: Panel 1: The Aging SIG Presents Adapting and Evolving our Methods in Intervention Development for Older Adults: Lessons Learned from the Global Pandemic

Room: *Ruth*

Topic Area: Aging

Instructional Level: Intermediate

Chair: Jaime Hughes, PhD, MPH, MSW, Wake Forest School of Medicine

Presenters: Heather Derry-Vick, PhD, Hackensack Meridian Health; and Kathi Heffner, PhD, School of Nursing

2 – 2:50 p.m.

Panel 2: The Health Policy Council Presents: Advocating for Science-Based Policies: How to Build Relationships with Legislative Aides

Room: *Key Ballroom 9*

Topic Area: Health Communication and Policy

Instructional Level: Beginner

Chair: Joanna Buscemi, PhD, DePaul University

Presenters: Melanie Bean, PhD, Children's Hospital of Richmond at Virginia Commonwealth University; Ana-Maria Vranceanu, PhD, Massachusetts General Hospital, Harvard Medical School; and Heather Hardin, PhD, RN, Case Western Reserve University

2 – 2:50 p.m.

Panel 3: The Population Health Sciences SIG Presents: Behavioral Medicine and Criminal Justice Involved Individuals: Lessons Learned from Population Health Approaches

Room: *Carroll*

Topic Area: Substance Abuse

Instructional Level: Beginner/Intermediate

Chair: Matthew Martin, PhD, Arizona State University

Presenters: Megan Phillips, MS, Arizona State University; Pamela Valera, PhD, MSW, Rutgers University School of Public Health; and Milan Satcher, MD, MPH, Dartmouth-Hitchcock Medical Center & Geisel School of Medicine at Dartmouth College

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2 – 2:50 p.m.

Panel 4: Caring for Caregivers: How to Meet the Needs of Cancer Caregivers

Room: *Tubman*

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Chair: Carolyn Fang, PhD, Fox Chase Cancer Center

Presenters: Margaret Longacre, PhD, MSHE, Arcadia University; Erin Kent, PhD, MS, University of North Carolina at Chapel Hill; and Michelle Mollica, PhD, MPH, RN, OCN, National Cancer Institutes

2 – 2:50 p.m.

Presidential Panel Discussion: Panel 5: Communicating Behavioral Medicine Research to Broad Audiences to Meet the Urgency of Adaptation

Room: *Key Ballroom 10*

Topic Area: Education, Training and Career Development

Instructional Level: Beginner

Chair: Valerie Earnshaw, PhD, University of Delaware

Presenters: Eric Layland, PhD, Yale School of Public Health; Akilah Dulin, PhD, Brown University; Jonathan Lassiter, PhD, Rowan University; and Anne Stangl, PhD, MPH, Hera Solutions, LLC

2 – 2:50 p.m.

Panel 6: The Civic and Public Engagement Committee (CPEC) Presents Demystifying Science Communication: How to Increase the Impact of your Research

Room: *Key Ballroom 11*

Topic Area: Health Communication and Policy

Instructional Level: Beginner

Chair: Joanna Buscemi, PhD, DePaul University

Presenters: Megan Shen, PhD, Fred Hutchinson Cancer Research Center; Rebecca Krukowski, PhD, University of Tennessee Health Science Center; and Carly Goldstein, PhD, The Miriam Hospital and Alpert Medical School of Brown University




2 – 2:50 p.m.

Panel 7: The Integrative Health and Spirituality SIG Presents: Developing and Testing Mind and Body Interventions: NCCIH Funding Priorities and Opportunities

Room: *Poe*

Topic Area: Integrative Health and Spirituality

Instructional Level: Intermediate

Open Science:   

Chair: Lanay Mudd, PhD, National Center for Complementary and Integrative Health

Presenters: Della White, PhD, National Center for Complementary and Integrative Health, National Institutes of Health; Ana-Maria Vranceanu, PhD, Massachusetts General Hospital, Harvard Medical School; and Michael Christopher, PhD, Pacific University

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2 – 2:50 p.m.

Panel 8: Using all the Tools in Our Toolbox: Promoting Behavioral Change through Information, Persuasion, Nudges, and Mandates

Room: *Key Ballroom 12*

Topic Area: Health Communication and Policy

Instructional Level: Beginner

Chair: Wen-Ying Sylvia Chou, PhD, MPH, National Cancer Institutes

Presenters: Daniel Salmon, PhD, MPH, Institute for Vaccine Safety, Johns Hopkins University School of Public Health; Christine Hunter, PhD, National Institutes of Health; and Matthew Kreuter, PhD, MPH, Washington University in St. Louis

2 – 2:50 p.m.

Panel 9: Using Risk-Stratified Approaches to Increase Impact: A Panel Discussion about Strategies to Support Breast Cancer Screening

Room: *Latrobe*

Topic Area: Cancer

Instructional Level: Intermediate

Chair: Rachel Shelton, ScD, MPH, Columbia University, Mailman School of Public Health

Presenters: Caitlin Allen, PhD, MPH, Medical University of South Carolina; Claire Conley, PhD, Georgetown University; Yue Guan, PhD, Emory University; and Lisa Schlager, Facing Our Risk of Cancer Empowered (FORCE)

Networking Session

3 – 3:50 p.m.

Cancer SIG Networking Session

Room: *Key Ballroom 10*

Topic Area: Cancer

Presenters: Bernardine Pinto, PhD, University of South Carolina; and Karen Syrjala, PhD, Fred Hutchinson Cancer Research Center

Moderator: Amy Leader, DrPH, MPH, Thomas Jefferson University

3 – 3:50 p.m.

Digital Health Council Presents: Industry Speed Networking Sponsored by Modern Health

Room: *Paca*

Topic Area: Education, Training and Career Development

Presenters: Valerie Myers, PhD, Glooko, Inc.; Manal Alabduljabbar, PhD Candidate, Neamah Health Consulting; and Cynthia Castro Sweet, PhD, Modern Health, Inc.

Moderators: Leanne Kaye, PhD, MPH, RD, ResMed

3 – 3:50 p.m.

HIV & Sexual Health SIG Business Meeting

Room: *Key Ballroom 11*

Topic Area: HIV/AIDS

Presenters: José Bauermeister, PhD, MPH, University of Pennsylvania, School of Nursing; Brett Millar, PhD, Hunter College; and Viktor Clark, MS, Virginia Commonwealth University

Moderator: Lisa Eaton, PhD, University of Connecticut

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3 – 3:50 p.m. ***Integrative Health and Spirituality SIG Business Meeting***

Room: *Carroll*

Topic Area: Integrative Health and Spirituality

Presenters: Stephanie Sohl, PhD, Wake Forest School of Medicine; and Ana-Maria Vranceanu, PhD, Massachusetts General Hospital, Harvard Medical School

Moderators: Daniel Hall, PhD, Massachusetts General Hospital

3 – 3:50 p.m. ***Networking Session Student SIG and the Education, Training, and Career Development (ETCD) Council: Wrap-up Event of the Early Career Researcher Mentoring Program***

Room: *Key Ballroom 12*

Topic Area: Education, Training and Career Development

Presenter: Carina Nigg, MSc, Karlsruhe Institute of Technology & University of Bern

Moderator: Kathryn Pluta, MS, Iowa State University

3 – 3:50 p.m. ***Optimization of Behavioral and Biobehavioral Interventions (OBBI) SIG Networking Meeting***

Room: *Ruth*

Topic Area: Methods and Measurement

Presenters: Heather Wasser, PhD, University of North Carolina Chapel Hill; Siobhan Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine; Kate Guastaferro, PhD, MPH, The Pennsylvania State University; Karey O'Hara, PhD; and Rachel Wells, PhD, University of Alabama at Birmingham School of Nursing

Moderator: Ahnalee Brincks, PhD, Michigan State University

3 – 3:50 p.m. ***Population Health Sciences SIG Business Meeting***

Room: *Poe*

Topic Area: Social and Environmental Context and Health

Presenters: Candyce Kroenke, ScD, MPH, Kaiser Permanente Northern California; and Jessica Gorzelitz, PhD, MS, National Cancer Institutes

Moderator: Jessica Breland, PhD, VA Palo Alto Health Care System

3 – 3:50 p.m. ***SBM Women's Health SIG Annual Networking Session***

Room: *Tubman*

Topic Area: Women's Health

Presenters: Rizwana Biviji, PhD, MS, Arizona State University

Moderators: Jodie Lisenbee, MA, BS, CD(DONA), University of North Carolina Charlotte

Daily Schedule • Thursday, April 7

Live Research Spotlight

3 – 3:50 p.m.

Live Research Spotlight Session 1: Child and Family Health

Room: *Key Ballroom 9*

Chair: Amanda E. Staiano, PhD, MPP, MS, Pennington Biomedical Research Center

Co-Chair: Victoria Grunberg, MS, Drexel University

3 – 3:05 p.m.

Do Adverse Childhood Experiences Increase Likelihood of Alcohol Related Negative Consequences in College Student Drinkers?

Topic Area: Substance Abuse

Instructional Level: Intermediate


Presenter: Spencer Tinoco, BS, California State University Northridge

3:05 – 3:10 p.m.

Examining Differences in Adolescent Sleep across Racial/ethnic Groups and Potential Contributing Factors, 2019 YRBSS

Topic Area: Sleep

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Brynn McGlinchey, Brown University

3:10 – 3:15 p.m.

Factors that Influence the Non-Participation of Rural Families in a Healthy Lifestyle Intervention

Topic Area: Obesity

Instructional Level: Beginner/Intermediate


Presenter: Galen Hoft, Center for Children's Healthy Lifestyles and Nutrition

3:15 – 3:20 p.m.

Feasibility and Preliminary Efficacy of a Pilot Transition Preparation Intervention for Young Adults with Type 1 Diabetes

Topic Area: Diabetes

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Laura Caccavale, PhD, Children's Hospital of Richmond at Virginia Commonwealth University

3:20 – 3:25 p.m.

The Child and Family Health SIG Presents: Parents' Perception on Changes in their Parenting Regarding Child Obesogenic Health Behaviors during COVID-19

Topic Area: Child and Family Health

Instructional Level: Beginner/Intermediate

Presenter: Elizabeth Adams, PhD, University of South Carolina

3:25 – 3:30 p.m.

Prospective Relationships between Timing of Complementary Food Introduction and Toddler Eating Behaviors

Topic Area: Child and Family Health

Instructional Level: Beginner

Presenter: Camille Schneider-Worthington, PhD, RD, University of Alabama at Birmingham

Daily Schedule • Thursday, April 7

- 3:30 – 3:35 p.m. **Relationships among Pre-pregnancy Trauma Exposure and Postpartum Mental Health following Neonatal ICU Admission**
 Topic Area: Women's Health
 Instructional Level: Beginner
 Presenter: Meghan Sharp, PhD, Brown University
-
- 3:35 – 3:40 p.m. **Systematic and Sociodemographic Disparities in Trajectories of Mental Health among US Children during the COVID-19 pandemic.**
 Topic Area: Social and Environmental Context and Health
 Instructional Level: Intermediate/Advanced
 Open Science: 
 Presenter: Yunyu Xiao, PhD, Weill Cornell Medicine, New York-Presbyterian
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- 3:40 – 3:45 p.m. **The Health Consequences of Colorism: Body Dissatisfaction and Eating Disturbances in Black girls**
 Topic Area: Diet, Nutrition, and Eating Disorders
 Instructional Level: Intermediate
 Open Science:   
 Presenter: Jordan Parker, BA, University of California, Los Angeles
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- 3:45 – 3:50 p.m. **The Role of ADHD and Stimulant Medication Use on Longitudinal Changes in Body Mass Index among Obese Youth**
 Topic Area: Obesity
 Instructional Level: Beginner/Intermediate
 Presenter: Sophie Kollin, BA, University of Mississippi
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- 3 – 3:50 p.m. **Live Research Spotlight Session 2: COVID**
 Room: Key Ballroom 7
 Chair: Megan M. Hosey, PhD, Johns Hopkins School of Medicine
-
- 3 – 3:05 p.m. **A Global Experiment on Motivating Social Distancing during the COVID-19 Pandemic: Autonomy Support vs. Control in 89 countries**
 Topic Area: Health Communication and Policy
 Instructional Level: Beginner
 Open Science:   
 Presenter: Arlen Moller, PhD, Illinois Institute of Technology
-
- 3:05 – 3:10 p.m. **Diabetes Care and Mental Health during COVID-19: Perspectives of Adolescents with Diabetes, Parents, and Providers**
 Topic Area: Diabetes
 Instructional Level: Beginner/Intermediate
 Presenter: Rafael Leite, BA, University of Miami
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- 3:10 – 3:15 p.m. **Examination of Social Norms and COVID-19 Non-pharmaceutical Intervention Behaviors in a Post-curfew Environment**
 Topic Area: Social and Environmental Context and Health
 Instructional Level: Intermediate
 Presenter: Ahmed Alobaydullah, University of Louisville

Daily Schedule • Thursday, April 7

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- 3:15 – 3:20 p.m. **Impacts of Work-from-home Practice on Health Behaviours and Mental Well-being of Workers in Hong Kong amidst COVID-19 Pandemic**
Topic Area: Social and Environmental Context and Health
Instructional Level: Intermediate
Open Science: 
Presenter: Nelson C. Y. Yeung, PhD, MPhil, The Chinese University of Hong Kong
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- 3:20 – 3:25 p.m. **Missing the Gym: A Mixed Method Investigation of Behavioral & Psychological Impact of COVID-19 on Regular Gym Users**
Topic Area: Physical Activity
Instructional Level: Beginner/Intermediate
Presenter: Britta Larsen, PhD, University of California, San Diego
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- 3:25 – 3:30 p.m. **Predictors of Coping Behaviors among Adults Amid the COVID-19 Pandemic**
Topic Area: Stress
Instructional Level: Intermediate
Presenter: Alexander O'Donnell, MS, DePaul University
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- 3:30 – 3:35 p.m. **Promoting Social Distancing and Vaccine Intentions for COVID-19 in a Social Media Feed: Comparison of Information Sources**
Topic Area: Health Communication and Policy
Instructional Level: Intermediate/Advanced
Presenter: David Buller, PhD, Klein Buendel, Inc.
-
- 3:35 – 3:40 p.m. **Vaccination Intentions among Patients Positive for COVID-19**
Topic Area: Health Communication and Policy
Instructional Level: Beginner/Intermediate
Open Science: 
Presenter: Casey Daniel, PhD, MPH, University of South Alabama College of Medicine
-
- 3:40 – 3:45 p.m. **Vaccine Communication on Twitter: A Comparison of HPV and COVID-19 Messages**
Topic Area: Health Communication and Policy
Instructional Level: Beginner
Presenter: Beth Hoffman, MPH, University of Pittsburgh Graduate School of Public Health
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- 3:45 – 3:50 p.m. **Womens' Ability to Cope and Grow during COVID-19**
Topic Area: Women's Health
Instructional Level: Intermediate/Advanced
Presenter: Maria Rodriguez, PhD, Northcentral University

Daily Schedule • Thursday, April 7

3 – 3:50 p.m. **Live Research Spotlight Session 3: Marginalized Populations**

Room: *Key Ballroom 8*

Chair: Tiffany L. Carson, PhD, MPH, H. Lee Moffitt Cancer Center & Research Institute

Co-Chair: Bushra Sabri, PhD, Johns Hopkins University

3 – 3:05 p.m. **A Community-engaged Approach to Inform Clinical Care for Long-acting Pre-exposure Prophylaxis and Antiretroviral Therapy.**

Topic Area: HIV/AIDS


Instructional Level: Intermediate

Presenter: Samantha Schiavon, PhD, University of California, San Diego

3:05 – 3:10 p.m. **Adapting the Keep it Up Digital HIV Prevention Program in Response to Real-world Implementation Challenges and COVID-19**

Topic Area: HIV/AIDS

Instructional Level: Intermediate


Open Science: 

Presenter: Kathryn Macapagal, PhD, Northwestern University

3:10 – 3:15 p.m. **Assessing the Feasibility and Acceptability of a Tailored Behavioral Diabetes Adherence Intervention for African Americans**

Topic Area: Diabetes

Instructional Level: Intermediate



Open Science: 

Presenter: Olayinka Shiyabola, PhD, BPharm, University of Wisconsin-Madison School of Pharmacy

3:15 – 3:20 p.m. **Effects of Culturally Targeted Message Framing on Colorectal Cancer Screening Differ for African American Women and Men**

Topic Area: Health Communication and Policy

Instructional Level: Intermediate

Open Science:  

Presenter: Todd Lucas, PhD, Michigan State University

3:25 – 3:30 p.m. **Fluidity in Sexual Orientation Identity and Gender of Sexual Partners: A Longitudinal Study of Cisgender Adolescents**

Topic Area: Health of Marginalized Populations

Instructional Level: Intermediate

Presenter: Kimberly Nelson, PhD, MPH, Boston University School of Public Health

3:30 – 3:35 p.m. **Gene Pilot: Development and user testing of an mHealth Decision Tool on Tumor Genomic Profile Testing for Black Cancer Patients**

Topic Area: Genetics/Genomics




Instructional Level: Beginner/Intermediate

Presenter: Sarah Bass, PhD, MPH, Temple University College of Public Health

Daily Schedule • Thursday, April 7

- 3:35 – 3:40 p.m. **High Psychosocial Burden Relates to Worse Antiretroviral Treatment Adherence among Black/African-American Persons with HIV**
Topic Area: Health of Marginalized Populations
Instructional Level: Intermediate
Presenter: Lillian Ham, BA, SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology
- 3:40 – 3:45 p.m. **Outness as a Moderator for the Mediation between Resilience, Medical Trust, and HIV Testing Stigma.**
Topic Area: HIV/AIDS
Instructional Level: Intermediate
Presenter: Viktor Clark, MS, Virginia Commonwealth University
- 3:45 – 3:50 p.m. **Statewide Survey of Health and Life Experiences of Transgender and Gender Non-Conforming (TGNC) People in Virginia**
Topic Area: Health of Marginalized Populations
Instructional Level: Beginner/Intermediate
Open Science:  
Presenter: Karen Ingersoll, PhD, UVA Center for Behavioral Health and Technology (CBHT)
- 3 – 3:50 p.m. **Live Research Spotlight Session 4: Obesity**
Room: *Peale*
Chair: Laura Q. Rogers, MD, MPH, University of Alabama at Birmingham
Co-Chair: Danielle M. Ostendorf, PhD, University of Colorado Anschutz Medical Campus
- 3 – 3:05 p.m. **Body Image Concerns Are Related to Perinatal Weight Gain, Stress and Depression in Women with Pre-pregnancy Overweight/obesity**
Topic Area: Women's Health
Instructional Level: Beginner/Intermediate
Presenter: Christine Call, PhD, University of Pittsburgh
- 3:05 – 3:10 p.m. **Development and Usability of a Virtual Reality Experience to Address Childhood Obesity**
Topic Area: Digital Health
Instructional Level: Beginner/Intermediate
Open Science: 
Presenter: Lauren Fowler, PhD, Washington University School of Medicine
- 3:10 – 3:15 p.m. **Ecological Predictors of Family Mealtime among Overweight African American Adolescent-Parent Dyads**
Topic Area: Child and Family Health
Instructional Level: Intermediate
Open Science: 
Presenter: Mary Quattlebaum, BA, University of South Carolina

Daily Schedule • Thursday, April 7

- 3:15 – 3:20 p.m. **Engagement with a Digital Health Intervention Predicts Weight Loss among Underserved Adults with Obesity**
Topic Area: Digital Health
Instructional Level: Beginner/Intermediate
Open Science: 
Presenter: Hailey Miller, PhD, RN, Duke University
- 3:20 – 3:25 p.m. **Engaging African American Families in a Culturally-tailored Online Weight Loss Intervention: Results from the FIT Trial**
Topic Area: Digital Health
Instructional Level: Beginner/Intermediate
Presenter: Allison Sweeney, PhD, University of South Carolina
- 3:25 – 3:30 p.m. **Impact of Pre-enrollment Burden on Weight Loss Outcomes in Behavioral Weight Loss Trials**
Topic Area: Obesity
Instructional Level: Intermediate/Advanced
Open Science:   
Presenter: Megan McVay, PhD, University of Florida
- 3:30 – 3:35 p.m. **Interest in an Instagram-delivered Gestational Weight Gain Intervention among Women with Pre-pregnancy Overweight or Obesity**
Topic Area: Digital Health
Instructional Level: Beginner
Presenter: Molly Waring, PhD, University of Connecticut
- 3:35 – 3:40 p.m. **Predictors of Long-term Retention and Effectiveness of a Community-Based Weight Loss Intervention for Rural Adults**
Topic Area: Obesity
Instructional Level: Beginner/Intermediate
Presenter: Kristine Zimmermann, PhD, MPH, University of Illinois Chicago
- 3:40 – 3:45 p.m. **The Experience of Receiving Social Support within a Weight Loss Intervention: A Qualitative Interview Study**
Topic Area: Obesity
Instructional Level: Intermediate
Presenter: Sara Hoffman Marchese, PhD, Rush University Medical Center
- 3:45 – 3:50 p.m. **The Impact of Exercise and Cumulative Physical Activity on Energy Intake and Diet Quality during Weight Loss Maintenance**
Topic Area: Obesity
Instructional Level: Intermediate
Open Science: 
Presenter: Lauren Ptomey, PhD, RD, LD, University of Kansas Medical Center

Daily Schedule • Thursday, April 7

3 – 3:50 p.m. **Live Research Spotlight Session 5: Pain**

Room: *Johnson*

Chair: Charles R. Jonassaint, PhD, MHS, University of Pittsburgh


Co-Chair: Jonathan Greenberg, PhD, Massachusetts General Hospital, Harvard Medical School

3 – 3:05 p.m.

Acute Pain Sensitivity and Tolerance among Patients with Pain and Opioid Use Disorder: Unique Roles of Anxiety and Depression

Topic Area: Substance Abuse

Instructional Level: Intermediate

Open Science: 




Presenter: Amy Wachholtz, PhD, MDiv, MS, University of Colorado Denver

3:05 – 3:10 p.m.

An Ultra-brief, Nurse-led, Mindfulness Intervention Decreases Surgical Patients' Preoperative Pain and Medication Desire

Topic Area: Pain

Instructional Level: Intermediate

Open Science:   

Presenter: Adam Hanley, PhD, University of Utah

3:10 – 3:15 p.m.

Distress Tolerance: Implications for Opioid Use Disorder Prevention in Chronic Pain Management

Topic Area: Pain

Instructional Level: Intermediate


Presenter: Sarah Martin, MS, University of Colorado Denver

3:15 – 3:20 p.m.

Feasibility of Brief, Hypnosis Enhanced Cognitive Therapy for Spinal Cord Injury Related Pain during Inpatient Rehabilitation

Topic Area: Pain

Instructional Level: Beginner

Open Science: 



Presenter: Amy Starosta, PhD, Department of Rehabilitation Medicine, UW Medicine

3:20 – 3:25 p.m.

Postpartum Women's Beliefs about Pharmacological and Behavioral Pain Management after Childbirth: A Mixed Methods Analysis

Topic Area: Women's Health

Instructional Level: Intermediate

Open Science:  

Presenter: Isabella Teti, B. A., Exercise Psychology Laboratory, Pennsylvania State University

3:25 – 3:30 p.m.



Psychometric Evaluation of a Spanish Pain Anxiety Symptom Scale in Spanish-Speaking Mexican Americans with Chronic Pain

Topic Area: Pain

Instructional Level: Intermediate

Presenter: Cristian Garcia Alcaraz, MA, SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology

Daily Schedule • Thursday, April 7

- 3:30 – 3:35 p.m. **Relationships between Self-Efficacy for Pain Management, Depressive Symptoms, and Pain among Black Women with Breast Cancer**
 Topic Area: Pain
 Instructional Level: Beginner
 Open Science: 
 Presenter: Jennifer Plumb Vilardaga, PhD, Duke University School of Medicine
- 3:35 – 3:40 p.m. **The Impact of Opioid Misuse Risk on Outcomes in Pain Rehabilitation**
 Topic Area: Pain
 Instructional Level: Intermediate/Advanced
 Presenter: Rebecca Kilpatrick, PhD, Medical University of South Carolina
- 3:40 – 3:45 p.m. **Understanding the Pain Experience of Spanish-Speaking Mexican Americans with Chronic Pain through Mixture Modeling**
 Topic Area: Pain
 Instructional Level: Intermediate
 Presenter: Cristian Garcia Alcaraz, MA, SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology
- 3:45 – 3:50 p.m. **Using the Extended Common Sense Model of Self-Regulation to Explore Coping with Pain in Cancer Survivors**
 Topic Area: Cancer
 Instructional Level: Beginner/Intermediate
 Open Science: 
 Presenter: Victoria Marshall, PhD, RN, University of South Florida

Keynote

- 4 – 4:50 p.m. **Presidential Keynote & Awards Ceremony: The Urgency of Adaptation in Behavioral Medicine**
Sponsored by the Feinstein Institutes at Northwell Health

Room: Key Ballroom 1-6

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner

Presenter: David Conroy, PhD, The Pennsylvania State University

Moderator: Scherezade Mama, DrPH, The University of Texas MD Anderson Cancer Center

Continuing education credit is available for this session.

- 5 – 5:50 p.m. **Poster Session C**

Room: Holiday Ballroom

- 6 – 7 p.m. **Health Freedom Walk**

Room: Participants will meet at the Registration Desk at the Key Ballroom East Foyer on the Second Floor

Daily Schedule • Friday, April 8

Breakfast Roundtable

8 – 8:50 a.m. ***Aging SIG Business Meeting***

Room: *Key Ballroom 8*

Topic Area: Aging

Presenters: Jaime Hughes, PhD, MPH, MSW, Wake Forest School of Medicine; and Meghan Mattos, PhD, RN, University of Virginia, School of Nursing

Moderator: Kathi Heffner, PhD, School of Nursing

8 – 8:50 a.m. ***Behavioral Informatics and Technology SIG Business Meeting***

Room: *Peale*

Topic Area: Digital Health

Presenters: Emanuela Offidani, PhD, Click Therapeutics Inc; and Chuka Emezue, PhD, MPH, MPA, Rush University, College of Nursing

Moderator: Amber Blackwood, MPH, CHES, Lirio

8 – 8:50 a.m. ***Child and Family Health SIG Business Meeting***

Room: *Johnson*

Topic Area: Child and Family Health

Presenters: Elizabeth Adams, PhD, University of South Carolina; and Sabrina Ford, PhD, Michigan State University

Moderator: Melanie Bean, PhD, Children's Hospital of Richmond at Virginia Commonwealth University

8 – 8:50 a.m. ***Civic and Public Engagement Committee (CPEC) Breakfast Roundtable***

Room: *Key Ballroom 9*

Topic Area: Education, Training and Career Development

Presenter: Carly Goldstein, PhD, The Miriam Hospital and Alpert Medical School of Brown University

8 – 8:50 a.m. ***Cardiovascular Disease SIG Business Meeting, Trainee Award Presentation, and Interactive Discussion***

Room: *Key Ballroom 10*

Topic Area: Cardiovascular Disease

Presenters: Matthew Whited, PhD, East Carolina University; and Alyssa Vela, PhD, Northwestern Feinberg School of Medicine

Moderator: Andrew Busch, PhD, Hennepin Healthcare/University of Minnesota

8 – 8:50 a.m. ***Diabetes SIG Business Meeting***

Room: *Key Ballroom 11*

Topic Area: Diabetes

Presenters: Allyson Hughes, PhD, Ohio University Heritage College of Osteopathic Medicine; and Jennifer Warnick, PhD, The Miriam Hospital and Alpert Medical School of Brown University

Moderator: Caroline Presley, MD, MPH, University of Alabama at Birmingham

Daily Schedule • Friday, April 8

8 – 8:50 a.m. **Health Decision Making SIG Business Meeting**

Room: *Key Ballroom 12*

Topic Area: Decision Making

Presenters: Courtney Scherr, PhD, Northwestern University; and Marleah Dean, PhD, University of South Florida

Moderator: Shannon Christy, PhD, MA, Moffitt Cancer Center

8 – 8:50 a.m. **Health Equity SIG Business Meeting**

Room: *Ruth*

Topic Area: Health of Marginalized Populations

Presenters: Kassandra Alcaraz, PhD, MPH, Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins University; and Patricia Rodriguez Espinosa, PhD, MPH, Stanford University School of Medicine

Moderator: Tiffany Carson, PhD, MPH, H. Lee Moffitt Cancer Center and Research Institute

8 – 8:50 a.m. **Obesity and Eating Disorders SIG Breakfast Roundtable**

Room: *Carroll*

Topic Area: Obesity

Presenters: Kathryn Ross, PhD, MPH, University of Florida; Stephanie Manasse, PhD, Drexel University; Anne Claire Grammer, MA, Washington University School of Medicine; Lesley Lutes, PhD, University of British Columbia - Okanagan; Michelle Cardel, PhD, MS, RD, FTOS, University of Florida; Meghan Butryn, PhD, Drexel University; and Kristal Brown, PhD, MSPH

Moderator: Andrea Graham, PhD, Northwestern University Feinberg School of Medicine

8 – 8:50 a.m. **Palliative Care SIG Business Meeting**

Room: *Tubman*

Topic Area: Education, Training and Career Development

Presenter: Laura Porter, PhD, Duke University School of Medicine

Moderator: Eric Anderson, PhD, Maine Health

8 – 8:50 a.m. **The Scientific and Professional Liaison Council (SPLC) Presents Science in Action: Research Career Opportunities in the Veterans Health Administration In Partnership with the U.S. Department of Veterans Affairs**

Room: *Latrobe*

Topic Area: Education, Training and Career Development

Instructional Level: Beginner/Intermediate

Chair: Leslie Hausmann, PhD, University of Pittsburgh

Presenters: Amy Kilbourne, PhD, MPH, U.S. Department of Veterans Affairs; Naomi Tomoyasu, PhD, Office of Research and Development, Veterans Health Administration; Brett Ankawi, PhD, VA Connecticut; Johanne Eliacin, PhD, Richard L. Roudebush VA Medical Center; and Lisa McAndrew, PhD, University at Albany, SUNY

Daily Schedule • Friday, April 8

8 – 8:50 a.m. ***Seeking Synergies between SBM and the CTSA Network: A Focus on Community Engagement***

Room: Key Ballroom 7

Topic Area: Dissemination and Implementation

Instructional Level: Beginner

Presenters: Dara Sorkin, PhD, University of California, Irvine; and Lisa Goldman Rosas, PhD, MPH, Stanford University School of Medicine

Moderator: Margaret L. Schneider, PhD, University of California, Irvine

8 – 8:50 a.m. ***Sleep SIG Business Meeting***

Room: Poe

Topic Area: Sleep

Presenters: Eric Zhou, PhD, Dana-Farber Cancer Institute/Harvard Medical School; and Michael Mead, PhD, Northwestern University

Moderator: Jessica Dietch, PhD, Oregon State University

Symposium

9 – 9:50 a.m. ***Symposium 14: The Health Equity SIG Presents: Addressing Health Disparities by Collecting, Understanding, and Acting on Social Needs in Healthcare Settings***

Room: Key Ballroom 7

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate

Chair: Susan Veldheer, DEd, RD, Penn State College of Medicine

Presenters: Dalnim Cho, PhD, The University of Texas MD Anderson Cancer Center; Scherezade Mama, DrPH, The University of Texas MD Anderson Cancer Center; and Andrea Hobkirk, PhD, Penn State College of Medicine

Discussant: Michael Hayes, PhD, Penn State Health Milton S. Hershey Medical Center
Continuing education credit is available for this session.

9 – 9:50 a.m. ***Presidential Symposium: Symposium 15: Communications Research and Strategies in the Age of Climate Change: What We Have Learned from the COVID Pandemic.***

Room: Johnson

Topic Area: Health Communication and Policy

Instructional Level: Intermediate

Chair: Michael Diefenbach, PhD, Northwell Health

Presenters: Sara Fleszar-Pavlovic, MA, University of California, Merced; Ellen Peters, PHD, University of Oregon; and James Dearing, PhD, University of Michigan

Continuing education credit is available for this session.

Daily Schedule • Friday, April 8

9 – 9:50 a.m.

Symposium 16: The Behavioral Informatics and Technology (BIT) and Obesity and Eating Disorders SIGs Present: Eating for Emotional Adaptation? Ecological Momentary Assessment of Affect and Emotion Regulation and Disordered Eating

Room: *Ruth*

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Intermediate

Chair: Kristin Heron, PhD, Old Dominion University

Presenters: Diana Zhang, MPH, University of Southern California; Kelly Romano, MS, Ed.S., The Virginia Consortium Program in Clinical Psychology; and Kathryn Smith, PhD, University of Southern California

Discussant: Tyler Mason, PhD, University of Southern California

Continuing education credit is available for this session.


9 – 9:50 a.m.

Symposium 17: Engaging Latino Men in Behavioral Intervention Trials: Evidence from the Field, Lessons Learned, and Best Practices

Room: *Carroll*

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Lisa Goldman Rosas, PhD, MPH, Stanford University

Presenters: David Garcia, PhD, University of Arizona; Derek Griffith, PhD, Georgetown University; and Lisa Goldman Rosas, PhD, MPH, Stanford University

Discussant: Luis Valdez, PhD, University of Massachusetts

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 18: From Buzzwords to Outcomes: Adapting Evidence-based Methods during Product Development in Industry Settings

Room: *Key Ballroom 8*

Topic Area: Digital Health

Instructional Level: Beginner/Intermediate

Chair: Amber Blackwood, MPH, CHES, Lirio

Presenters: Valerie Silfee, PhD, UPMC Health Plan; Amy Bucher, PhD, Lirio; and Christine May, PhD, Noom

Discussant: Amber Blackwood, MPH, CHES, Lirio

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 19: The Cancer SIG Presents: From Research Ideas to Programs in the Community - A Look at Cancer-related Lifestyle Interventions at Different Stages

Room: *Key Ballroom 9*

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Chair: Yue Liao, MPH, PhD, CPH, University of Texas at Arlington

Presenters: Ivan Wu, PhD, The University of Texas MD Anderson Cancer Center; and Melissa Habedank, MPH, American Institute for Cancer Research

Discussant: Karen Basen-Engquist, PhD, MPH, The University of Texas MD Anderson Cancer Center

Continuing education credit is available for this session.

Daily Schedule • Friday, April 8


9 – 9:50 a.m.

Symposium 20: The Palliative Care SIG Presents: Improving Quality of Life and Reducing Suffering from Serious Illness: Palliative Care and Patient-Centered Approaches

Room: *Tubman*

Topic Area: Quality of Life

Instructional Level: Intermediate

Open Science: 

Chairs: Eric Anderson, PhD, Maine Health; and Laura Porter, PhD, Duke University School of Medicine

Presenters: Kimberly Hiroto, PhD, VA Palo Alto Health Care System; Kelly Hyland, PhD, Duke University School of Medicine; and KATHERINE RAMOS, PhD, Duke University School of Medicine

Discussant: Laura Porter, PhD, Duke University School of Medicine

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 21: Missing Perspectives in the Weight Stigma Epidemic

Room: *Key Ballroom 10*

Topic Area: Obesity

Instructional Level: Beginner/Intermediate

Chair: Misty Hawkins, PhD, Oklahoma State University

Presenters: Natalie Keirns, MS, Oklahoma State University; Harley Layman, MS, Oklahoma State University; and Devanshi Patel, MS, Oklahoma State University

Discussant: Misty Hawkins, PhD, Oklahoma State University

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 22: Pregnancy and Infertility During the COVID-19 Pandemic: Stress and Adaptation, Vaccination, and Mental Health

Room: *Poe*

Topic Area: Women's Health

Instructional Level: Intermediate

Chair: Lisa Rubin, PhD, New School for Social Research

Presenters: Tonya Pavlenko, MA, The New School; Marci Lobel, PhD, Stony Brook University; and Heidi Preis, PhD, Stony Brook University

Discussant: Julia Steinberg, PhD, University of Maryland, College Park

Continuing education credit is available for this session.


9 – 9:50 a.m.

Symposium 23: The Physical Activity SIG Presents Rapidly Adapting Physical Activity Interventions to Reach Priority Populations during COVID-19 and Beyond

Room: *Key Ballroom 11*

Topic Area: Physical Activity

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Emily Mailey, PhD, Kansas State University

Presenters: Emily Mailey, PhD, Kansas State University; Katherine Hall, MS, PhD, Veterans Health Administration/Duke University; and Jessica Gorzelitz, PhD, MS, National Cancer Institutes

Discussant: Siobhan Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine

Continuing education credit is available for this session.

Daily Schedule • Friday, April 8

9 – 9:50 a.m.

Symposium 24: The Optimization of Behavioral and Biobehavioral Interventions (OBBI) SIG Presents: Reduce, Reuse, and Recycle: Approaches to Secondary Data Analyses for Initial and Continual Optimization of Interventions

Room: *Latrobe*

Topic Area: Methods and Measurements

Instructional Level: Beginner/Intermediate

Chair: Rachel Wells, PhD, APRN, RN, CNL, University of Alabama at Birmingham

Presenters: Payton Solk, BA, Northwestern University Feinberg School of Medicine; and Sam Battalio, MS, Northwestern University

Discussant: Ahnalee Brincks, PhD, Michigan State University
Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 25: SMART Studies for Developing Adaptive Interventions in Substance Use and HIV

Room: *Peale*

Topic Area: Substance Abuse

Instructional Level: Beginner/Intermediate

Chairs: Stephanie Carpenter, PhD, University of Michigan; and Inbal Billie Nahum-Shani, PhD, University of Michigan

Presenters: Catherine Stanger, PhD, Dartmouth College; Maureen Walton, PhD, MPH, University of Michigan; and Sylvie Naar, PhD, Florida State University

Discussant: Daniel Almirall, University of Michigan
Continuing education credit is available for this session.


9 – 9:50 a.m.

Symposium 26: The Pain SIG Presents: Using Technology to Enhance Treatment of Chronic Pain and Related Conditions

Room: *Key Ballroom 12*

Topic Area: Pain

Instructional Level: Intermediate

Open Science: 

Chair: Brett Ankwari, PhD, VA Connecticut

Presenters: Ethan Lester, PhD, Massachusetts General Hospital/Harvard Medical School; Letitia Travaglini, PhD, Veterans Health Administration; and Amy Wachholtz, PhD, MDiv, MS, University of Colorado at Denver

Discussant: Donald Penzien, PhD, FAHS, Wake Forest School of Medicine
Continuing education credit is available for this session.

Keynote

10 – 10:50 a.m.

Keynote: Limiting Global Warming to 1.5 to 2.0 °C: A Necessary and Unique Role for Health Professionals

Room: *Key Ballroom 1-6*

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate

Presenter: Ed Maibach, PhD, MPH, George Mason University

Moderator: Courtney Stevens, PhD, Dartmouth-Hitchcock Health, Geisel School of Medicine
Continuing education credit is available for this session.

Daily Schedule • Friday, April 8

11 – 11:50 a.m. **Poster Session D**

Room: *Holiday Ballroom*

11:30 a.m.– 1:30 p.m. **Food Truck Lunch**

Room: *The food trucks will be parked on Eutaw Street near the hotel sky-walk*

12 – 12:50 p.m. **Making Connections: Lunch with SBM Leadership for Attendees from Underrepresented Backgrounds**

Room: *The reserved tables will be on Eutaw Street near the hotel sky-walk*

Paper

1 – 1:50 p.m. **Paper Session 14: Aging**

Room: *Ruth*

Chair: *Christopher N. Sciamanna, MD, MPH, The Pennsylvania State University Milton S. Hershey Medical Center*

Co-Chair: *Kathi L. Heffner, PhD, University of Rochester*

1 – 1:10 p.m. **Associations between Variability in Feeling States and Physical Activity Among Older Adults**

Topic Area: Physical Activity

Instructional Level: Intermediate/Advanced

Presenter: Derek Hevel, MS, University of North Carolina Greensboro

1:10 – 1:20 p.m. **Between-and Within-subject Variance of Cognitive Function and Daily Steps in Older Adults: An Ambulatory Assessment Study**

Topic Area: Physical Activity

Instructional Level: Beginner/Intermediate

Presenter: Chih-Hsiang (Jason) Yang, PhD, University of South Carolina

1:20 – 1:30 p.m. **Bidirectional Relations between Physical Activity and Pain among Older Adults: An Ecological Momentary Assessment Study**

Topic Area: Aging

Instructional Level: Beginner

Presenter: Tyler Davis, University of North Carolina Greensboro

1:30 – 1:40 p.m. **Does the Type of Sedentary Behavior Moderate Affective Responses during Sedentary Behavior among Older Adults?**

Topic Area: Mental Health

Instructional Level: Intermediate/Advanced

Presenter: Brynn Hudgins, MS, University of North Carolina Greensboro

Daily Schedule • Friday, April 8

1–1:50 p.m. **Paper Session 15: Cancer Prevention and Control among Marginalized Populations**

Room: *Key Ballroom 7*

Chair: *Betina R. Yanez, PhD, Northwestern University Feinberg School of Medicine*

Co-Chair: *Qian Lu, MD, PhD, The University of Texas MD Anderson Cancer Center*

1–1:10 p.m. **Barriers to Prostate Cancer Screening among Black Men in Alabama**

Topic Area: Cancer


Instructional Level: Intermediate/Advanced

Presenter: Meghan Tipre, DrPH, University of Alabama at Birmingham

1:10–1:20 p.m. **Communication about Skin Cancer Risk and Prevention among Hispanics**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate



Open Science: 

Presenter: Jessica Rivera Rivera, MPH, PhD, H. Lee Moffitt Cancer Center and Research Institute

1:20–1:30 p.m. **Dyadic Exercise for Psychological Distress among Lesbian, Gay, Bisexual, Transgender (LGBT) Cancer Survivors and Caregivers**

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner/Intermediate

Open Science:  

Presenter: Charles Kamen, PhD, MPH, University of Rochester Medical Center

1:30–1:40 p.m. **Racial/ethnic Disparities in Lung Cancer Screening Eligibility**

Topic Area: Cancer

Instructional Level: Intermediate/Advanced

Presenter: Abdi Gudina, PhD, University of Rochester

1–1:50 p.m. **Paper Session 16: Ecological Mementary Assessment**

Room: *Johnson*

Chair: *Genevieve F. Dunton, PhD, MPH, University of Southern California*

Co-Chair: *Jaclyn P. Maher, PhD, University of North Carolina Greensboro*

1–1:10 p.m. **A Foreseeable Future: Building a Forest Classification Model to Predict Acute Physical Activity Using EMA in Adolescents**

Topic Area: Physical Activity

Instructional Level: Intermediate

Presenter: Pallavi Dutta, Msc, McMaster

1:10–1:20 p.m. **Examining Whether Affectively-charged Motivations Predict Subsequent Affective Response During Exercise: An EMA Study**

Topic Area: Physical Activity

Instructional Level: Intermediate

Presenter: Bridgette Do, MPH, University of Southern California


Daily Schedule • Friday, April 8

1:20 – 1:30 p.m.

Feasibility and Initial Efficacy of an EMA and Text Messages Intervention for Stress Management during Covid19

Topic Area: Digital Health

Instructional Level: Intermediate

Open Science: 



Presenter: Emanuela Offidani, PhD, Click Therapeutics Inc.

1:30 – 1:40 p.m.

Uncontrolled Eating and Daily Mood: Evidence from an Experience Sampling Study

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Open Science:  

Presenter: Patrycja Sleboda, PhD, Cedars-Sinai Medical Center

1 – 1:50 p.m.

Paper Session 17: Food Insecurity

Room: Key Ballroom 9

Chair: Akilah J. Dulin, PhD, Brown University

Co-Chair: Susan Veldheer, DEd, RD, The Pennsylvania State University, College of Medicine

1 – 1:10 p.m.

Characterizing Food Insecurity Trajectories during the First Year of the Covid-19 Pandemic

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate




Presenter: Jin Kim-Mozeleski, PhD, Case Western Reserve University

1:10 – 1:20 p.m.

Does Fruit and Vegetable Intake Relate to Perceived Stress in Adults? A Systematic Review and Meta-Analysis

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Open Science:   


Presenter: Katie Alegria, MA, University of California, Merced

1:20 – 1:30 p.m.

Ecological Risk and Protective Factors for Food Insecurity in Los Angeles County during the COVID-19 Pandemic

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Intermediate

Open Science: 

Presenter: Kayla de la Haye, PhD, University of Southern California

1:30 – 1:40 p.m.

Food Insecurity and Psychological Distress in a Community Sample of Residents in the Cleveland Area during the COVID-19 Pandemic

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate

Presenter: Madeline Castele, MPH, Case Western Reserve University

Daily Schedule • Friday, April 8

1–1:50 p.m. **Paper Session 18: Genetics Genomics**

Room: *Carroll*

Chair: Kristi D. Graves, PhD, Georgetown University

Co-Chair: Harold H. Lee, MS, MAPP, Brown University

1–1:10 p.m. **Are Beliefs about Importance of Genetics for Cancer Prevention and Early Detection Associated with Genetic Testing in the US?**

Topic Area: Genetics/Genomics




Instructional Level: Beginner/Intermediate

Presenter: Sukh Makhnoon, PhD, MS, The University of Texas MD Anderson Cancer Center

1:10–1:20 p.m. **Education about Genetic and Environmental Interaction Influences on Eating: Effects on Empathy and Weight Stigma**

Topic Area: Genetics/Genomics

Instructional Level: Intermediate


Open Science:   

Presenter: Alison Jane Martingano, PhD, National Human Genome Research Institute

1:20–1:30 p.m. **Psychological Effects of Parental Decision Making and Receiving Genomic Sequencing Results about Newborns and Children: An RCT**

Topic Area: Genetics/Genomics

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Haoyang Yan, PhD, Northwestern University

1:30–1:40 p.m. **Theory-informed Interventions to Foster Communication about Inherited Genetic Risk among at-risk Families: A Scoping Review**

Topic Area: Genetics/Genomics

Instructional Level: Beginner/Intermediate

Presenter: Jingsong Zhao, MPH, Emory University

1–1:50 p.m. **Paper Session 19: Implementation Science Applications**

Room: *Key Ballroom 10*

Chair: Karen M. Emmons, PhD, Harvard T.H. Chan School of Public Health

Co-Chair: William A. Calo, PhD, JD, The Pennsylvania State University, College of Medicine

1–1:10 p.m. **A Health System's Approach to Social Risk Screening and Referrals: Findings from an Early Adopter**

Topic Area: Social and Environmental Context and Health


Instructional Level: Intermediate

Presenter: Matthew Banegas, PhD, MPH, MS, University of California San Diego

Daily Schedule • Friday, April 8

1:10 – 1:20 p.m.	Facilitators and Barriers of Implementation of an Evidence-Based-Intervention for Mobile Markets among Study Partners Topic Area: Dissemination and Implementation Instructional Level: Intermediate Presenter: Christina Kasprzak, MS, University at Buffalo
1:20 – 1:30 p.m.	Psychosocial Effects of Lifestyle Africa, an Adapted Diabetes Prevention Program for Low- and Middle- Income Countries Topic Area: Diabetes Instructional Level: Beginner/Intermediate Open Science:  Presenter: Frank Materia, PhD, MHS, Children's Mercy Kansas City
1:30 – 1:40 p.m.	Qualitative Comparative Analysis of Implementation Fidelity of a Workplace Sedentary Behavior Intervention Topic Area: Dissemination and Implementation Instructional Level: Beginner/Intermediate Open Science:  Presenter: Krista Leonard, PhD, Arizona State University
1 – 1:50 p.m.	Paper Session 20: Integrative and Digital Health for Cancer Room: Key Ballroom 11 Chair: Shawna E. Doerksen, PhD, The Pennsylvania State University, College of Medicine Co-Chair: Yue Liao, PhD, MPH, CPH, University of Texas at Arlington
1 – 1:10 p.m.	Could One Be Greater Than Two? Results of a 3-Arm Pilot Randomized Controlled Trial of Yoga for Caregivers of Glioma Patients Topic Area: Cancer Instructional Level: Beginner Open Science:  Presenter: Juliet Kroll, PhD, The University of Texas MD Anderson Cancer Center
1:10 – 1:20 p.m.	Effects of Yoga, Cognitive Behavioral Therapy, and a Behavioral Placebo on Cancer-related Fatigue among Cancer Survivors Topic Area: Cancer Instructional Level: Intermediate/Advanced Open Science:  Presenter: Po-Ju Lin, PhD, MPH, RD, University of Rochester Medical Center
1:20 – 1:30 p.m.	Feasibility, Acceptability, and Safety of a Virtual Reality Protocol for Patients with Advanced Colorectal Cancer Topic Area: Pain Instructional Level: Beginner/Intermediate Open Science:  Presenter: Shannon Miller, BPH, Duke University Medical Center

Daily Schedule • Friday, April 8

1:30 – 1:40 p.m. **Providing Digital Stress-Management for Cancer Survivors; A 12-months Randomized Controlled Trial with StressProffen™©**
Topic Area: Cancer
Instructional Level: Intermediate
Open Science: 
Presenter: Elin Børøsund, PhD, Oslo University Hospital


1 – 1:50 p.m. **Paper Session 21: Integrative Primary Care**

Room: *Tubman*

Chair: Amy G. Huebschmann, MD, University of Colorado Denver

Co-Chair: Jocelyn E. Remmert, PhD, Corporal Michael C. Crescenz VA Medical Center

1 – 1:10 p.m. **Racial Disparities in Antidepressant Prescriptions among U.S. Veterans Referred to Integrated Behavioral Health**
Topic Area: Integrated Primary Care
Instructional Level: Beginner/Intermediate
Presenter: Jocelyn Remmert, PhD, Corporal Michael J. Crescenz VA Medical Center

1:10 – 1:20 p.m. **Targeting Chronic Pain in Primary Care Settings Using Behavioral Health Consultants: Lessons Learned from a Pilot Study**
Topic Area: Integrated Primary Care
Instructional Level: Beginner/Intermediate
Open Science: 
Presenter: Jeffrey Goodie, PhD, ABPP, Uniformed Services University of the Health Sciences

1:20 – 1:30 p.m. **The Impact of Opioid Use on Perceived Judgment Experienced by Chronic Pain Patients from their Physician.**
Topic Area: Pain
Instructional Level: Intermediate
Presenter: Dallas Robinson, MS, University of Colorado Denver

1:30 – 1:40 p.m. **Understanding Health Care Professionals' Knowledge and Prescribing Practices about Abuse Deterrent Formulation Opioids**
Topic Area: Substance Abuse
Instructional Level: Beginner/Intermediate
Presenter: Irina A. Iles, PhD, MPH, Center for Drug Evaluation and Research, Food and Drug Administration

Daily Schedule • Friday, April 8

1 – 1:50 p.m. **Paper Session 22: Physical Activity and Breast Cancer Survivorship**

Room: *Key Ballroom 8*

Chair: Siobhan M. Phillips, PhD, MPH, Northwestern University


Co-Chair: Courtney J. Stevens, PhD, Dartmouth-Hitchcock Medical Center, Dartmouth College

1 – 1:10 p.m.

Cognitive Behavioral Stress Management and Physical Activity in Breast Cancer Survivors: A Two-Part Latent Growth Model

Topic Area: Cancer

Instructional Level: Intermediate

Open Science: 


Presenter: Ruth St Fleur, BA, University of Miami Miller School of Medicine

1:10 – 1:20 p.m.

Moderators of Physical Activity in a Peer-based Randomized Controlled Trial among Breast Cancer Survivors

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Open Science: 


Presenter: Bernardine Pinto, PhD, University of South Carolina

1:20 – 1:30 p.m.

Modifying Modularity: Effect of a 12-week Aerobic Exercise Program on Brain Functional Connectivity in Breast Cancer Survivors

Topic Area: Physical Activity

Instructional Level: Intermediate/Advanced

Open Science: 


Presenter: Lindsey Page, MS, University of Nebraska Medical Center

1:30 – 1:40 p.m.

Randomized Trial of Peer Mentoring: Effects on Physical Activity Adoption and Maintenance among Breast Cancer Survivors

Topic Area: Physical Activity

Instructional Level: Beginner

Open Science: 

Presenter: Bernardine Pinto, PhD, University of South Carolina

1 – 1:50 p.m.

Paper Session 23: Psychosocial Factors and Women's Health

Room: *Poe*

Chair: Alicia A. Dahl, PhD, University of North Carolina Charlotte



Co-Chair: Jodie Lisenbee, University of North Carolina Charlotte

1 – 1:10 p.m.

Adherence to Cognitive Training in a Multidomain Trial to Prevent Cognitive Decline in Older Women with Cardiovascular Disease

Topic Area: Aging

Instructional Level: Beginner/Intermediate


Open Science:  

Presenter: Shannon Halloway, PhD, RN, Rush University College of Nursing

Daily Schedule • Friday, April 8

1:10 – 1:20 p.m. **Dog Ownership and Weight Gain over Time in the Women’s Health Initiative**
Topic Area: Obesity
Instructional Level: Beginner/Intermediate
Presenter: Joshua Gold, PhD, MPH, Texas Woman’s University

1:20 – 1:30 p.m. **Experienced Stigma and ART Adherence for Women: Longitudinal Mediation by Internalized Stigma and Depression**
Topic Area: HIV/AIDS
Instructional Level: Intermediate/Advanced
Presenter: Yunus Bayramoglu, MA, The University of Alabama at Birmingham

1:30 – 1:40 p.m. **Prenatal Mindfulness Training for Women at Risk for Hypertensive Disorders**
Topic Area: Women’s Health
Instructional Level: Intermediate
Open Science: 
Presenter: Margaret Bublitz, PhD, Brown Medical School

1 – 1:50 p.m. **Paper Session 24: Rural Health**

Room: *Latrobe*

Chair: Kathryn H. Schmitz, PhD, MPH, FACS, The Pennsylvania State College of Medicine

Co-Chair: Samantha M. Harden, PhD, Virginia Tech

1 – 1:10 p.m. **COVID-19 & Substance Use Disorder Stigma in Rural Communities: Challenges & Adaptations to Community Education & Engagement**
Topic Area: Substance Abuse
Instructional Level: Intermediate
Presenter: Kathleen Meyers, PhD, JBS International, Inc.

1:10 – 1:20 p.m. **Location and Race Matters: Effects of Living in Rural America on Emotional Distress during COVID-19 for People of Color**
Topic Area: Health of Marginalized Populations
Instructional Level: Intermediate
Presenter: Viktor Clark, MS, Virginia Commonwealth University

1:20 – 1:30 p.m. **Opioid Stewardship Program in Rural Arizona Hospitals**
Topic Area: Substance Abuse
Instructional Level: Beginner/Intermediate
Presenter: Benjamin Brady, DrPH, University of Arizona

1:30 – 1:40 p.m. **Perceptions of the Prevalence of Substance Use in an Agricultural Region of California**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Beginner/Intermediate
Presenter: Katie Alegria, MA, University of California, Merced

Daily Schedule • Friday, April 8

1 – 1:50 p.m. **Paper Session 25: Sleep and Health**

Room: *Key Ballroom 12*


Chair: Matthew P. Buman, PhD, Arizona State University

Co-Chair: Brian D. Gonzalez, PhD, H. Lee Moffitt Cancer Center & Research Institute

1 – 1:10 p.m. **Feasibility and Preliminary Effects of a Virtual Synchronous Cognitive Behavioral Therapy for Insomnia among Cancer Survivors**

Topic Area: Sleep

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Daniel Hall, PhD, Massachusetts General Hospital

1:10 – 1:20 p.m. **Home Disorganization Correlates of Children's School Year Sleep Duration and Bedtime Consistency**

Topic Area: Sleep

Instructional Level: Intermediate

Presenter: Sarah Burkart, MPH, PhD, University of South Carolina

1:20 – 1:30 p.m. **Promoting Sleep Duration in the Pediatric Setting Using a Mobile Health Platform: A Randomized Optimization Trial**

Topic Area: Sleep

Instructional Level: Intermediate/Advanced


Open Science: 

Presenter: Jonathan Mitchell, PhD, The University of Pennsylvania, Children's Hospital of Philadelphia

1:30 – 1:40 p.m. **The Cancer SIG Presents: The Effects of Affective Regulation on Sleep Health of Adult Cancer Caregivers**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Nirvi Ajmera, BS, University of Miami

1 – 1:50 p.m. **Paper Session 26: Vaccine-Related Behavior**

Room: *Peale*


Chair: A. Rani Elwy, PhD, MSc, Alpert Medical School, Brown University

Co-Chair: Noel T. Brewer, PhD, University of North Carolina

1 – 1:10 p.m. **Behavioral Determinants of COVID-19 Vaccination Acceptance and Uptake among Healthcare Workers: A Rapid Systematic Review**


Topic Area: Health Communication and Policy

Instructional Level: Intermediate

Open Science: 

Presenter: Jacob Crawshaw, PhD, Ottawa Hospital Research Institute

Daily Schedule • Friday, April 8

- 1:10 – 1:20 p.m. **Risk Beliefs and COVID-19 Vaccination among U.S. Adults: A Prospective Study**
Topic Area: Decision Making
Instructional Level: Beginner
Presenter: Jennifer Taber, PhD, Kent State University
- 1:20 – 1:30 p.m. **Vaccinations for Children to Prevent COVID-19 and Other Diseases: Insights from Parents/guardians of Children on Medicaid**
Topic Area: Child and Family Health
Instructional Level: Beginner
Presenter: Tess Thompson, PhD, MPH, Washington University in St. Louis
- 1:30 – 1:40 p.m. **Why People Who Inject Drugs Decline COVID Vaccinations**
Topic Area: Health of Marginalized Populations
Instructional Level: Intermediate
Open Science: 
Presenter: Ian Aronson, PhD, New York University

Master Lecture

2 – 2:50 p.m. ***Jessie Gruman Award Winner Master Lecture: Health Engagement: A Life Course Socio-ecological Perspective***

Room: *Peale*

Topic Area: Social and Environmental Context and Health

Presenter: Laura Hayman, PhD, MSN, FAAN, FAHA, University of Massachusetts Boston

Moderator: Judith Ockene, PhD, MEd, MA, University of Massachusetts Medical School

2 – 2:50 p.m. ***Master Lecture: Can We Stop Making It So Hard to Be Healthy? The Role of the Product Environment in Shaping Health Behaviors***

Room: *Johnson*

Topic Area: Social and Environmental Context and Health

Presenter: Steve Downs, MS, Building H

Moderator: Ellen Beckjord, PhD, MPH, UPMC Health Plan

2 – 2:50 p.m. ***Master Lecture: The Unmet Needs of Those Living with Dementia and their Care Partners: Gaps and Opportunities for Better Care***

Room: *Key Ballroom 8*

Topic Area: Aging

Presenter: Christine Ritchie, MD, MSPH, Massachusetts General Hospital, Mongan Institute

Moderator: Ana-Maria Vranceanu, PhD, Massachusetts General Hospital, Harvard Medical School

Daily Schedule • Friday, April 8

Panel Discussion

2 – 2:50 p.m.

Panel 10: Adapting Behavioral Health Research and Practice during COVID-19 to Improve LGBTQIA+ Health

Room: *Key Ballroom 9*

Topic Area: Mental Health

Instructional Level: Intermediate

Chair: Lauren Wiklund, MA, Michigan State University

Presenters: Kaston Anderson-Carpenter, PhD, MPH, BCBA-D, LBA, Michigan State University; Terence Ching, PhD, Yale School of Medicine; Jae Sevelius, PhD, University of California, San Francisco; and Jae Puckett, PhD, Michigan State University

2 – 2:50 p.m.

Panel 11: The Health Equity SIG Presents: Adapting Food Security Interventions in the Context of COVID-19 for the Advancement of Diet and Health Equity

Room: *Key Ballroom 10*

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Chair: Jennifer Garner, PhD, RD, The Ohio State University

Presenters: Lindsey Haynes-Maslow, PhD, MHA, North Carolina State University; Lucia Leone, PhD, University at Buffalo; and Kathleen Krzyzanowski Guerra, MIS, The Ohio State University

2 – 2:50 p.m.

Panel 12: The Health Decision Making (HDM) SIG Presents: Can They Really Do That? Considerations for Direct Contact to at Risk Relatives of Individuals with Genetic Conditions

Room: *Tubman*

Topic Area: Genetics/Genomics

Instructional Level: Beginner

Chair: Gemme Campbell-Salome, PhD, MA, Geisinger

Presenters: Nora Henrikson, PhD, MPH, Kaiser Permanente Washington Health Research Institute; Melissa Frey, MD, Weill Cornell Medicine; and Lieke van den Heuvel, PhD, University Medical Centre Utrecht




2 – 2:50 p.m.

Panel 14: Implementation of Mental Health and Substance Use Research to Support HIV-related Health Behavior Change in Sexual Minority Men

Room: *Poe*

Topic Area: HIV/AIDS

Instructional Level: Beginner/Intermediate

Open Science:   

Chair: Matthew Sullivan, PhD, Massachusetts General Hospital, Harvard Medical School

Presenters: Abigail Batchelder, MPH, PHD, Harvard Medical School; Peter Chai, MD, MMS, Brigham and Women's Hospital; Conall O'Clearigh, PhD, Behavioral Medicine Program, Massachusetts General Hospital; Tiffany Glynn, MS, University of Miami; and Trevor Hart, PhD, Ryerson University

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2 – 2:50 p.m.

Presidential Panel Discussion: Panel 15: Podcasting for Science Communication, Connection, and Dissemination

Room: *Key Ballroom 7*

Topic Area: Education, Training and Career Development

Instructional Level: Beginner/Intermediate

Chair: Ellen Beckjord, PhD, MPH, UPMC Health Plan

Presenters: Lisa Bodnar, PhD, University of Pittsburgh; Roger Peng, PhD, John's Hopkins University; and Kate Wolin, ScD, Coeus Health



2 – 2:50 p.m.

Panel 16: Sleep during the COVID-19 Pandemic

Room: *Latrobe*

Topic Area: Sleep

Instructional Level: Intermediate/Advanced

Open Science:  

Chair: Tracy Trevorrow, PhD, Chaminade University of Honolulu

Presenters: Julia Russell, University of Kansas; Michael Grandner, PhD, University of Arizona; and Tony Cunningham, PhD, Boston College

2 – 2:50 p.m.

Panel 17: The Behavioral Informatics and Technology (BIT) SIG Presents: Using Machine Learning to Advance Behavioral Science: Challenges and Potential Solutions from a Cross-Disciplinary Panel

Room: *Key Ballroom 12*

Topic Area: Digital Health

Instructional Level: Intermediate

Open Science: 

Chair: Stephanie Goldstein, PhD, The Miriam Hospital and Alpert Medical School of Brown University

Presenters: Olga Perski, PhD, University College London; Predrag Klasnja, PhD, University of Michigan; Nabil Alshurafa, PhD, Northwestern University; and Tianchen Qian, PhD, University of California, Irvine

2 – 2:50 p.m.

Panel 18: We Can Build the Tools, But Who Will Sustain Them? Challenges and Opportunities When Implementing Digital Health Interventions

Room: *Ruth*

Topic Area: Dissemination and Implementation

Instructional Level: Beginner/Intermediate

Chair: Carly Goldstein, PhD, The Miriam Hospital and Alpert Medical School of Brown University

Presenters: J. Graham Thomas, PhD, The Miriam Hospital and Alpert Medical School of Brown University; LaPrincess Brewer, MD, MPH, Mayo Clinic College of Medicine; and Andrea Graham, PhD, Northwestern University Feinberg School of Medicine

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2 – 2:50 p.m.

Panel 19: The Publications and Communications Council Presents: Why Ethics Matters: Exploring Covid-19 and Research through Three Cases

Room: *Carroll*

Topic Area: Education, Training and Career Development

Presenters: Valerie Myers, PhD, Glooko, Inc.; and Amy Huebschmann, MD, University of Colorado (CU) School of Medicine, Department of General Medicine

Moderator: Sherri Sheinfeld Gorin, PhD, University of Michigan, NYPAC

Networking Session

3 – 3:50 p.m.

Cardiovascular Disease SIG Networking Session

Room: *Poe*

Topic Area: Cardiovascular Disease

Presenters: Allison Gaffey, PhD, Yale School of Medicine/VA Connecticut Healthcare System; Allison Carroll, PhD, Northwestern University Feinberg School of Medicine; Casey Cavanagh, PhD, University of Virginia School of Medicine; and Caroline Doyle, MA, University of Arizona/VA Palo Alto

Moderator: Andrew Busch, PhD, Hennepin Healthcare/University of Minnesota

3 – 3:50 p.m.

Diabetes SIG Networking Session

Room: *Tubman*

Topic Area: Diabetes

Presenter: Allyson Hughes, PhD, Ohio University Heritage College of Osteopathic Medicine

Moderator: Caroline Presley, MD, MPH, University of Alabama at Birmingham

3 – 3:50 p.m.

Meet the Experts: Theories and Techniques of Behavior Change Interventions SIG/Council/Committee Session

Room: *Key Ballroom 12*

Topic Area: Education, Training and Career Development

Presenters: Derek Hevel, MS, University of North Carolina at Greensboro; Talea Cornelius, PhD, MSW, Columbia University Irving Medical Center; Courtney Stevens, PhD, Dartmouth-Hitchcock Health/Geisel School of Medicine; Dustin Duncan, ScD, Columbia Mailman School of Public Health; Monica Baskin, PhD, University of Alabama at Birmingham; Alexander Rothman, PhD, University of Minnesota; and Michael Otto, Boston University

Moderators: Talea Cornelius, PhD, MSW, Columbia University Irving Medical Center; Courtney Stevens, PhD, Dartmouth-Hitchcock Health/Geisel School of Medicine; Martin Hagger, PhD, University of California, Merced; Angela Bryan, PhD, University of Colorado Boulder; and Carina Nigg, MSc, Karlsruhe Institute of Technology & University of Bern

3 – 3:50 p.m.

Meet the Fellows: Networking & Career Development Session presented by the Education, Training, and Career Development Council

Room: *Paca*

Topic Area: Education, Training and Career Development

Presenters: Valerie Myers, PhD, Glooko, Inc.; and Morgan Lee, PhD, MPH, CPH, Mainstay

Moderators: Valerie Myers, PhD, Glooko, Inc.; and Morgan Lee, PhD, MPH, CPH, Mainstay

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3 – 3:50 p.m. ***The Student SIG Presents: On the Job Market: Navigating the Job Search in Academia, Industry, and Clinical Practice***

Room: *Key Ballroom 10*

Topic Area: Education, Training and Career Development

Presenter: Kathryn Pluta, MS, Iowa State University

Moderator: Kathryn Knoff, PhD(c), CHES, Wayne State University

3 – 3:50 p.m. ***Palliative Care SIG Networking Event***

Room: *Ruth*

Topic Area: Education, Training and Career Development

Presenter: Eric Anderson, PhD, Maine Health

Moderator: Laura Porter, PhD, Duke University School of Medicine

3 – 3:50 p.m. ***Sleep SIG Social Hour***

Room: *Carroll*

Topic Area: Sleep

Presenters: Michael Mead, PhD, Northwestern University; Eric Zhou, PhD, Dana-Farber Cancer Institute, Harvard Medical School; and Laura Nicholson, MA, Loyola University Chicago

Moderator: Jessica Dietch, PhD, Oregon State University

3 – 3:50 p.m. ***Violence and Trauma SIG Overview, Activities and Next Steps***

Room: *Key Ballroom 11*

Topic Area: Education, Training and Career Development

Presenters: Michelle Pebole, MA, University of Illinois at Urbana Champaign; Em Adams, PhD CTRS, C-IAYT, Clemson University; and Angela Tiura, PhD, Wayne State University

Moderator: Bushra Sabri, PhD, MSW, Johns Hopkins University

Live Research Spotlight

3 – 3:50 p.m. ***Live Research Spotlight Session 6: Cancer***

Room: *Key Ballroom 7*


Chair: Karen M. Basen-Engquist, PhD, MPH, The University of Texas MD Anderson Cancer Center

Co-Chair: Brett R. Gordon, PhD, The Pennsylvania State College of Medicine

3 – 3:05 p.m. ***A Remotely Delivered, Peer-Led Intervention to Improve Physical Activity and Quality of Life in Younger Breast Cancer Survivors***

Topic Area: Cancer

Instructional Level: Intermediate

Open Science: 

Presenter: Lauren Weiner, PhD, UC San Diego / Happify Health

3:05 – 3:10 p.m. ***Comparing Triadic Communication between the Most and Least Engaged Caregivers of Older Patients with Advanced Cancer***

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Open Science: 

Presenter: Lee Kehoe, PhD, LMHC, University of Rochester Medical Center

Daily Schedule • Friday, April 8

-
- 3:10 – 3:15 p.m. **Depression and Anxiety and the Incidence of Cancer: A Two-stage Individual Participant Data Meta-analysis (PSY-CA study)**
Topic Area: Cancer
Instructional Level: Intermediate
Open Science: 
Presenter: Joost Dekker, PhD, Amsterdam University Medical Centers
-
- 3:15 – 3:20 p.m. **Expert Consensus on Physical Activity use in Young Adult Cancer Survivors' Biopsychosocial Health: A Modified Delphi Study**
Topic Area: Cancer
Instructional Level: Beginner
Presenter: Ann Marie Moraitis, PhD, MS, RN, University of Utah
-
- 3:20 – 3:25 p.m. **Feasibility of online audio diaries to track cancer survivors' and caregivers' stress and support during the COVID-19 pandemic**
Topic Area: Cancer
Instructional Level: Beginner/Intermediate
Presenter: Kristin Cloyes, PhD, MN, RN, University of Utah
-
- 3:25 – 3:30 p.m. **HealthScore: A Clinically-integrated Health Coaching Program for People Living With Cancer**
Topic Area: Cancer
Instructional Level: Intermediate
Presenter: Erin Kent, PhD, MS, University of North Carolina Chapel Hill
-
- 3:30 – 3:35 p.m. **Implementing and Evaluating Online Yoga for Young Adults with Cancer: Feasibility, Acceptability, and Potential Benefits**
Topic Area: Physical Activity
Instructional Level: Intermediate/Advanced
Open Science: 
Presenter: Emma McLaughlin, MSc, BKinH, University of Calgary
-
- 3:35 – 3:40 p.m. **Pilot Trial of Acceptance and Commitment Therapy for Fatigue Interference in Advanced GI Cancer and Caregiver Burden**
Topic Area: Cancer
Instructional Level: Intermediate
Presenter: Ellen Krueger, MS, Indiana University-Purdue University Indianapolis
-
- 3:40 – 3:45 p.m. **Preparedness for Survivorship among a Diverse Population of Cancer Survivors**
Topic Area: Cancer
Instructional Level: Beginner/Intermediate
Presenter: Angela Fong, PhD, Rutgers Cancer Institute of New Jersey

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3 – 3:50 p.m.

Live Research Spotlight Session 7: Diet, Nutrition and Eating Disorders

Room: *Key Ballroom 9*

Chair: Dori Steinberg, PhD, RD, Equip Health


Co-Chair: Rachel W. Goode, PhD, MPH, LCSW, University of North Carolina Chapel Hill

3 – 3:05 p.m.

Children's Influence on Parental Food Selections for Dinner

Topic Area: Child and Family Health

Instructional Level: Intermediate

Open Science: 

Presenter: Emma Studer-Perez, MA, BS Bowling Green State University

3:05 – 3:10 p.m.

Cooking Interventions for Improving Healthy Eating Among Black Americans: A Randomized Controlled Trial

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Presenter: Emily Kramer, BA, University of Colorado Boulder

3:10 – 3:15 p.m.

Culturally-relevant Factors Shaping Healthy Eating Behaviors in African American College Students

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Presenter: Danyel Smith, MS, Virginia Commonwealth University

3:15 – 3:20 p.m.

Dietary Changes in an Emotion Regulation Based Weight Loss Intervention

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Intermediate/Advanced



Presenter: Abby Braden, PhD, Bowling Green State University

3:20 – 3:25 p.m.

The Behavioral Informatics and Technology (BIT) SIG Presents: Do Videos, Podcasts and Texts Differ in the Effectiveness to Convey Nutrition-related Information and Promote Intention?

Topic Area: Digital Health

Instructional Level: Beginner

Open Science:  


Presenter: Laura König, PhD, MSc, BSc, University of Bayreuth

3:25 – 3:30 p.m.

Exploring Differences in Adolescent BMI and Obesity-Related Behaviors by Urban, Suburban, and Rural Status

Topic Area: Obesity

Instructional Level: Intermediate


Open Science: 

Presenter: Brittany Kirkpatrick, DHSc, MPH, University of Virginia

Daily Schedule • Friday, April 8

- 3:30 – 3:35 p.m. **Healthy Eating Index Diet Quality in Randomized Weight Loss Trials: A Systematic Review**
Topic Area: Diet, Nutrition, and Eating Disorders
Instructional Level: Beginner/Intermediate
Open Science: 
Presenter: Jessica Cheng, MPH, Graduate School of Public Health, University of Pittsburgh
- 3:40 – 3:45 p.m. **Modifiable Factors Associated with Replacing Tobacco for Food when Hungry among Youth Experiencing Homelessness**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Intermediate
Presenter: Joanne Patterson, PhD, MPH, MSW, College of Public Health
- 3:45 – 3:50 p.m. **Retention and Engagement of Rural Adolescent Caregivers in a Short Message Service Intervention to Reduce Sugary Drinks**
Topic Area: Diet, Nutrition, and Eating Disorders
Instructional Level: Beginner/Intermediate
Open Science: 
Presenter: Maryam Yuhas, PhD, RDN, Syracuse University
- 3 – 3:50 p.m. **Live Research Spotlight Session 8: Digital Health**
Room: Key Ballroom 8
Chair: Nabil Alshurafa, PhD, Northwestern University
Co-Chair: Amber Blackwood, MPH, CHES, Lirio
- 3 – 3:05 p.m. **A Qualitative Analysis of Tweets by the “Disinformation Dozen” on Twitter**
Topic Area: Health Communication and Policy
Instructional Level: Intermediate
Presenter: Richard Bannor, MPH, University of Connecticut
- 3:05 – 3:10 p.m. **A Systematic Review of Behaviour Change Techniques in Digital Health Interventions with Midlife Women**
Topic Area: Multiple Behavior Change
Instructional Level: Intermediate
Open Science:  
Presenter: Hana Sediva, PhD(c), University of Westminster
- 3:10 – 3:15 p.m. **A Systematic Review of Social Media Interventions Targeting Exercise and Diet Behaviours in People with NCDs**
Topic Area: Physical Activity
Instructional Level: Intermediate
Open Science: 
Presenter: Grace McKeon, BA, University of New South Wales

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- 3:15 – 3:20 p.m. **The Violence and Trauma SIG Presents: A Trauma-informed Internet and Mobile Phone Based BSHAPE Intervention for Survivors of Cumulative Trauma**
Topic Area: Women's Health
Instructional Level: Beginner/Intermediate
Open Science: 
Presenter: Bushra Sabri, PhD, MSW, Johns Hopkins University
- 3:20 – 3:25 p.m. **Effects of Program Enrollment in a Digital Multiple Health Behavior Change Intervention on Clinical Outcomes: A 12-month Study**
Topic Area: Multiple Behavior Change
Instructional Level: Intermediate
Presenter: Eldin Dzubur, PhD, Teladoc Health
- 3:25 – 3:30 p.m. **Pregnant Women's Use and Perceptions of a Commercial Mindfulness Meditation Mobile App: A Descriptive Survey**
Topic Area: Women's Health
Instructional Level: Beginner
Presenter: Jeni Green, PhD, Arizona State University
- 3:30 – 3:35 p.m. **Real-world Iterations: Case Study of a Mammography Digital Health Intervention**
Topic Area: Digital Health
Instructional Level: Beginner/Intermediate
Presenter: Kelsey Ford, DrPH, Lirio
- 3:35 – 3:40 p.m. **Senior Primary Care Patients Lack Digital Skills and Devices for Telemedicine**
Topic Area: Aging
Instructional Level: Beginner/Intermediate
Presenter: Kelsey Ufholz, PhD, Case Western Reserve University
- 3:40 – 3:45 p.m. **The Goldilocks Dilemma in mHealth interventions: Balancing User Response and Reflection**
Topic Area: Digital Health
Instructional Level: Beginner/Intermediate
Open Science:   
Presenter: Lyndsay Nelson, PhD, Vanderbilt University Medical Center
- 3:45 – 3:50 p.m. **Trends in Mental Health and Quality of Life Outcomes among Nurses Enrolled in a Web-based Wellness Program from 2017-2021**
Topic Area: Mental Health
Instructional Level: Beginner/Intermediate
Presenter: Alison Cuccia, MSPH, American Nurses Association

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3 – 3:50 p.m.

Live Research Spotlight Session 9: Physical Activity

Room: *Peale*

Chair: Heather J. Leach, PhD, Colorado State University



Co-Chair: Jimikaye B. Courtney, PhD, The Pennsylvania State University

3 – 3:05 p.m.

Climate Change and Physical Activity Behaviors: A Systematic Review

Topic Area: Physical Activity

Instructional Level: Intermediate/Advanced

Open Science:  



Presenter: Paquito Bernard, PhD, Université du Québec à Montréal

3:05 – 3:10 p.m.

Climate Change and Physical Activity: Air Temperature and Trail Use in Texas

Topic Area: Physical Activity

Instructional Level: Intermediate

Open Science:  


Presenter: Kevin Lanza, PhD, MCRP, The University of Texas Health Science Center at Houston (UTHealth) School of Public Health in Austin

3:10 – 3:15 p.m.

Dynamic and Recursive Relationships between Incidental Affect and Physical Activity: A Continuous-Time Modeling Approach

Topic Area: Physical Activity

Instructional Level: Intermediate

Open Science: 




Presenter: GERALYN RUISSSEN, MSc, University of British Columbia

3:15 – 3:20 p.m.

Efficacy and Mechanisms of a Brief Adaptive Goal-Setting Intervention for Physical Activity: A Randomized Pilot Trial

Topic Area: Physical Activity

Instructional Level: Intermediate

Open Science:   


Presenter: Michael Berry, MS, Drexel University

3:20 – 3:25 p.m.

Efficacy of a Fitbit-Based Physical Activity Intervention on Preventing Perinatal Depression among Low Income Women

Topic Area: Physical Activity

Instructional Level: Intermediate

Open Science: 



Presenter: Beth Lewis, PhD, University of Minnesota

3:25 – 3:30 p.m.

Financial Reinforcement and Adaptive Goal Setting for Physical Activity: 24-Month Maintenance Effect

Topic Area: Physical Activity

Instructional Level: Intermediate

Open Science:  

Presenter: Marc Adams, PhD, Arizona State University

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- 3:30 – 3:35 p.m. **Optimal Intervention Moments to Promote Walking using Real-Time GPS and EMA**
Topic Area: Physical Activity
Instructional Level: Intermediate
Presenter: Ian Kim, PhD(c), University of Southern California Keck School of Medicine
- 3:35 – 3:40 p.m. **Physical Activity and ADHD Symptoms: Medicine or Medium? A Meta-Analysis of Multi-Week Physical Activity Programs**
Topic Area: Mental Health
Instructional Level: Intermediate
Open Science: 
Presenter: Eduardo Bustamante, PhD, University of Illinois Chicago
- 3:40 – 3:45 p.m. **Psychological Needs and Moderate-to-Vigorous Exercise Behavior: The Predictive Utility of Dweck's Psychological Needs Model**
Topic Area: Physical Activity
Instructional Level: Intermediate/Advanced
Presenter: Colin Wierst, MSc, University of British Columbia
- 3:45 – 3:50 p.m. **Tai Chi for Relieving Aromatase Inhibitor-induced Arthralgia in Breast Cancer Patients**
Topic Area: Cancer
Instructional Level: Intermediate
Presenter: Sameh Gomaa, MD, Thomas Jefferson University
- 3 – 3:50 p.m. **Live Research Spotlight Session 10: Tobacco and Nicotine-Related Behavior**
- Room: *Johnson*
Chair: Andrea L. Hobkirk, PhD, The Pennsylvania State University
Co-Chair: Susan Veldheer, DEd, RD, The Pennsylvania State University College of Medicine
- 3 – 3:05 p.m. **Addressing Tobacco Use Outside of Primary Care: The Need to Tailor Tobacco Cessation Trainings for Community Health Workers**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Beginner
Presenter: Marcia Tan, PhD, MPH, University of Chicago
- 3:05 – 3:10 p.m. **Bidirectional Associations of Frequent Cigarette and E-cigarette Use: Results from the Truth Longitudinal Cohort**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Beginner/Intermediate
Presenter: Elizabeth Hair, PhD, Truth Initiative, Schroeder Institute

Daily Schedule • Friday, April 8

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- 3:10 – 3:15 p.m. **Daily Cigarette and E-Cigarette Use among US Youth and Young Adults: Insights from the Truth Longitudinal Cohort (2018-2019)**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Beginner/Intermediate
Presenter: Elizabeth Hair, PhD, Truth Initiative, Schroeder Institute
-
- 3:15 – 3:20 p.m. **Design and Pilot Evaluation of a Virtual Experimental Protocol to Assess Anti-tobacco Digital Campaign Advertising Exposure**
Topic Area: Methods and Measurements
Instructional Level: Intermediate/Advanced
Presenter: Jennifer Cantrell, DrPH, MPA, New York University School of Global Public Health
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- 3:20 – 3:25 p.m. **Designing for Adoption and Adaptation of Evidence-based Anti-tobacco Messaging by Organizations Serving LGBTQ+ Communities**
Topic Area: Dissemination and Implementation
Instructional Level: Intermediate
Presenter: Meg Salvia, MS, Harvard University
-
- 3:25 – 3:30 p.m. **Did E-cigarette Users Switch to Menthol Flavor after Federal Restrictions on Flavored Closed-system E-cigarettes?**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Intermediate
Presenter: Jennifer Kreslake, PhD, MPH, Truth Initiative
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- 3:30 – 3:35 p.m. **Mis-nudged: Belief and Recall in Misinformation about COVID-19 and Nicotine May Undermine Attempts to Quit Vaping**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Intermediate/Advanced
Presenter: Nathan Silver, PhD, Truth Initiative, Schroeder Institute
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- 3:35 – 3:40 p.m. **Quit Intentions and Use of Cessation Resources among Residents of Low-Income Housing Who Smoke**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Beginner/Intermediate
Presenter: Jessica Liu, MPH, Harvard T.H. Chan School of Public Health
-
- 3:45 – 3:50 p.m. **Relations between Education, Acculturation, and Gender and Smoking Prevalence among Asian Americans**
Topic Area: Tobacco Control and Nicotine-Related Behavior
Instructional Level: Beginner/Intermediate
Presenter: Nazife Pehlivan, MA, Seoul National University

Daily Schedule • Friday, April 8

Keynote

4 – 4:50 p.m.

Keynote: Stepping Up Our Science to Achieve Health Equity
Sponsored by UPMC Health Plan

Room: *Key Ballroom 1-6*

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner/Intermediate

Presenter: Lorraine T. Dean, ScD, Johns Hopkins Bloomberg School of Public Health

Moderator: Tiffany Carson, PhD, MPH, H. Lee Moffitt Cancer Center and Research Institute

Continuing education credit is available for this session.

5 – 5:50 p.m.

Poster Session E

Room: *Holiday Ballroom*

Daily Schedule • Saturday, April 9

7 – 8 a.m.

Stride for Science Run/Walk

Room: *The Run/Walk will be set up outside, under the hotel sky-walk on Eutaw Street*

Symposium

9 – 9:50 a.m.

Symposium 27: Adaptation of Efficacious Methodologies for High-needs Perinatal Populations

Room: *Johnson*

Topic Area: Women's Health

Instructional Level: Intermediate

Chair: Pamela Geller, PhD, Drexel University

Presenters: Bobbie Posmontier, PhD, CNM, PMHNP-BC, FAAN, Thomas Jefferson University; Natalie Stevens, PhD, Rush University Medical Center; and Chavis Patterson, PhD, Children's Hospital of Philadelphia

Discussant: Nancy Hamilton, PhD, University of Kansas

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 28: Conceptualizing, Predicting, and Promoting Long-term Physical Activity Maintenance

Room: *Key Ballroom 7*

Topic Area: Physical Activity

Instructional Level: Intermediate

Chairs: Genevieve Dunton, PhD, MPH, University of Southern California; and Jaclyn Maher, PhD, University of North Carolina Greensboro

Presenters: Paschal Sheeran, PhD, University of North Carolina Chapel Hill

Discussant: Claudio R. Nigg, PhD, Institute of Sport Science, University of Bern

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 29: Contextual Contributions to Sleep among Youth: A Developmental Perspective

Room: *Ruth*

Topic Area: Sleep

Instructional Level: Intermediate

Chair: Amy Bohnert, PhD, Loyola University Chicago

Presenters: Elizabeth Rea, MA, Loyola University Chicago; Jennette P. Moreno, PhD, Baylor College of Medicine; and Amanda Staiano, PhD, Louisiana State University Pennington Biomedical Research Center

Discussant: Alison Miller, PhD, School of Public Health, University of Michigan

Continuing education credit is available for this session.

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9 – 9:50 a.m.

Symposium 30: The Behavioral Informatics and Technology (BIT) and Health Equity SIGs Present: Designing, Implementing and Sustaining Behavioral Health Technologies to Promote Health Equity
Sponsored by Modern Health

Room: Peale

Topic Area: Digital Health

Instructional Level: Intermediate

Chair: Maura Kepper, PhD, Washington University in St. Louis

Presenters: Charles Jonassaint, PhD MHS, University of Pittsburgh; Souleymane Coulibaly, Digital Media Research Centre (DMRC); and Andrea Graham, PhD, Northwestern University Feinberg School of Medicine

Discussant: Gary Bennett, PhD, Duke University

Continuing education credit is available for this session.


9 – 9:50 a.m.

Symposium 31: eHealth Interventions for Reaching Emerging Adults with Type 1 Diabetes in their daily context

Room: Key Ballroom 9

Topic Area: Diabetes

Instructional Level: Intermediate

Open Science: 

Chair: Cynthia Berg, PhD, University of Utah

Presenters: Lindsay Mayberry, PhD, MS, Vanderbilt University Medical Center; April Carcone, PhD, MSW, Wayne State University School of Medicine; and Elizabeth Pyatak, PhD, OTR/L, CDCES, University of Southern California Chan Division of Occupational Science and Occupational Therapy

Discussant: Alan Delamater, PhD, University of Miami Miller School of Medicine

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 32: The Cancer and Child and Family Health SIGs Present: Innovations in Cancer Control and Prevention across the Lifespan

Room: Key Ballroom 10

Topic Area: Cancer

Instructional Level: Intermediate/Advanced

Chair: Kenneth Tercyak, PhD, Georgetown Lombardi Comprehensive Cancer Center

Presenters: Glynnis McDonnell, PhD, Georgetown Lombardi Comprehensive Cancer Center, Georgetown University Medical Center; Sharon Manne, PhD, Rutgers Cancer Institute of New Jersey; Deborah Bowen, PhD, University of Washington; and Jada Hamilton, PhD, MPH, Memorial Sloan Kettering Cancer Center

Discussant: Kenneth Tercyak, PhD, Georgetown Lombardi Comprehensive Cancer Center

Continuing education credit is available for this session.

Daily Schedule • Saturday, April 9

9 – 9:50 a.m.

Symposium 33: Interpersonal and Organizational Influences on Tobacco Use Behaviors in Military Personnel

Room: *Carroll*

Topic Area: Military and Veterans Health

Instructional Level: Beginner/Intermediate

Chair: Marc Patience, PhD, United States Air Force

Presenters: Kinsey Pebley, MA, University of Memphis; Melissa Little, PhD, MPH, University of Virginia; and Kathleen Porter, PhD, RD, University of Virginia

Discussant: Marc Patience, PhD, United States Air Force

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 34: The Behavioral Informatics and Technology (BIT) and Military and Veterans Health SIGs Present: Supporting Veterans through Virtual Communication Between In-person Visits: Opportunities and Challenges

Room: *Tubman*

Topic Area: Digital Health

Instructional Level: Intermediate

Chair: John Piette, PhD, VA Health Services Research and Development Service, University of Michigan

Presenters: Eric Kuhn, PhD, VA Palo Alto Health Care System; and Timothy Hogan, PhD, MS, VA Bedford Healthcare System, US Dept. of Veterans Affairs

Discussant: Kevin Chaney, MGS, Office of Research and Development, Department of Veterans Affairs

Continuing education credit is available for this session.



9 – 9:50 a.m.

Symposium 35: The Integrative Health and Spirituality SIG Presents: Targets for Adaptation of Mindfulness-based Interventions: Culture, Modality, and Environment.

Room: *Poe*

Topic Area: Integrative Health and Spirituality

Instructional Level: Intermediate

Open Science:  

Chair: Roman Palitsky, PhD, MDiv, Brown University

Presenters: Stephanie Sohl, PhD, Wake Forest School of Medicine; and Brook Harmon, PhD, RDN, FAND, Appalachian State University

Discussant: A. Rani Elwy, PhD, MSc, Alpert Medical School, Brown University

Continuing education credit is available for this session.

9 – 9:50 a.m.

Presidential Symposium: Symposium 36: The Development of Multiple Types of Decision Aids for Cancer Patients and Providers

Room: *Key Ballroom 11*

Topic Area: Decision Making

Instructional Level: Intermediate

Chair: Michael Diefenbach, PhD, Northwell Health

Presenters: Safiya Richardson, MD, MPH, Northwell Health; and Catherine Benedict, PhD, Stanford University School of Medicine

Continuing education credit is available for this session.

Daily Schedule • Saturday, April 9


9 – 9:50 a.m.

Symposium 37: The Child and Family Health and Multiple Health Behavior Change and Multi-morbidities (MHBCM) SIGs Present: Using Publicly-available Datasets to Answer Innovative Health Behavior Research Questions

Room: *Latrobe*

Topic Area: Child and Family Health

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Kelly Romano, MS, EdS, The Virginia Consortium Program in Clinical Psychology

Presenters: Tyler Mason, PhD, University of Southern California; Sherecce Fields, PhD, Texas A&M University; and Reah Chiong, Cornell University

Discussant: Leah Hecht, PhD, Henry Ford Health System

Continuing education credit is available for this session.

9 – 9:50 a.m.

Symposium 38: Virtual Reality: From Pain to Racial Biases

Room: *Key Ballroom 12*

Topic Area: Pain

Instructional Level: Intermediate/Advanced

Open Science: 

Chair: Luana Colloca, MD, University of Maryland

Presenters: Sarah Murthi, MD, University of Maryland School of Medicine; Francis Keefe, PhD, Duke University Medical Center; and Amitabh Varshney, University of Maryland College Park

Continuing education credit is available for this session.

Keynote

10 – 10:50 a.m.

Keynote: Finding a New Mission in Burnout Recovery

Room: *Key Ballroom 8*

Topic Area: Mental Health

Instructional Level: Intermediate/Advanced

Presenter: Jacqueline Kerr, PhD, The Grant Doctor

Moderator: Charles Jonassaint, PhD, MHS, University of Pittsburgh

Continuing education credit is available for this session.

11 – 11:50 a.m.

Poster Session F

Room: *Holiday Ballroom*

12 – 1 p.m.

Presidential Meet & Greet and Business Meeting

Room: *Key Ballroom 8*

Presenters: David Conroy, PhD, The Pennsylvania State University; and Margaret Schneider, PhD, University of California, Irvine



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Really appreciated the transparency, clear communication, and "can-do" approach throughout.
I discovered that not all software development projects need to run over budget!

— *David Conroy, Penn State University*

Fantastic ability to create a shared understanding between technical and non-technical experts.

— *Andrea Graham, Northwestern University*